

# Washtenaw Alive Resource List



If you feel suicidal, call 1-800-273-TALK (8255) or text HELLO to 741741 National Suicide Prevention Hotline

If you're in immediate danger, please call 911.

Have any mental health questions or needs? Call 734-544-3050 for the Washtenaw County CARES team

Agency	Contact	Program	Population served
Catholic Social Services of Washtenaw County	734-926-0155 www.csswashtenaw.org	Adult individual and group counseling, & family programs.	Ages 18+
Chelsea Community Hospital Behavioral Health	800.328.6261 or 734.593.5250 www.cch.org	Outpatient therapy & psychiatric services. Inpatient adult behavioral health unit	Outpatient: All ages Inpatient: Ages 18+
Corner Health Center	734.484.3600 www.cornerhealth.org	Counseling & Social Work, Transgender services	Ages 12-25 & their children
Dawn Farm	734-669-8265 www.dawnfarm.org/programs	Outpatient, residential, detox, transitional housing	Ages 13+ with substance use disorder
Eastern Michigan University Counseling Clinic, College of Education	734.487.4410 www.emich.edu/coe/clinics	Counseling & therapy for EMU students and community members	Ages 5+
Eastern Michigan University Psychology Clinic	734.487.4987 www.emich.edu/psychology	Therapy & assessment services. Primarily low-income individuals without healthcare coverage	All ages
Jewish Family Services of Washtenaw County	734-769-0209 www.jfsannarbor.org	Individual, couples, and family counseling	Ages 18+
National Alliance on Mental Illness (NAMI)	734.994.6611	Help line, mental health education, & support groups	Ages 14+
Ozone House (Ann Arbor)	24/7 crisis line: 734-662-2222 www.ozonehouse.org	Crisis line, family & individual counseling, residential programs, case management	Ages 10-20
Ozone House Drop-in Center (Ypsilanti)	24/7 crisis line: 734-662-2222 <a href="http://www.ozonehouse.org">www.ozonehouse.org</a> Drop-in center: 734.485.2222	Community center, youth services & programming	Ages 13-20
St. Joseph Mercy Hospital Behavioral Health and Psychiatric Services	Inpatient: 734.712.2762 Outpatient: 734.786.2301 <a href="http://www.sjmercyhealth.org">www.sjmercyhealth.org</a>	Psychiatric services, substance abuse services Teen & adult partial-hospitalization programs	Outpatient: All ages Inpatient: Ages 12+
Family Crisis Center of Washtenaw	734.660.7059 or 734.255.8082 www.familycrisiscenterwashtenaw.org	Crisis intervention; individual, couples & family therapy; support groups	Teens & adults

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Time to Talk Therapy <i>(affiliated with Family Crisis Center of Washtenaw)</i>	734.255.8082 (ask for Edwina) <a href="http://www.familycrisiscenterwashtenaw.org">www.familycrisiscenterwashtenaw.org</a>	Crisis intervention; licensed psychotherapist (LMSW); individual, couples and family therapy; grief groups/support groups; community support; safe environment for LGBTQ and survivors of violence	Teens & adults
Regional Alliance for Healthy Schools (RAHS)	RAHS Office: (734) 998-2163 <a href="https://umhs-rahs.org/">https://umhs-rahs.org/</a>	School-based health centers offer individual and group counseling. Ypsilanti/Ann Arbor school districts	School-aged youth
RU?Ok	(734) 926-5480 <a href="http://www.ruok.help">www.ruok.help</a>	Youth crisis prevention campaign and school-based programming	School-aged youth
SafeHouse Center	734-995-5444 (24/7 hotline)	Shelter, counseling, and support groups for survivors of sexual assault and domestic violence	Ages 14+ & their children
U of M Hospital Psychiatric & Emergency Services	Inpatient services: 734.936.4950 Emergency: 734.936.5900 (24/7)	Adult & child inpatient programs Emergency Evaluation Services	All ages
U-M Depression Center	734.936.4400 <a href="http://www.depressioncenter.org">www.depressioncenter.org</a>	Counseling, therapeutic skills and support groups, including Survivors of Suicide support group	All ages
VA Ann Arbor Healthcare System	800.361.8387 or 734.769.7100 <a href="http://www.annarbor.va.gov">www.annarbor.va.gov</a>	Veterans crisis line, inpatient unit, mental health clinic, PTSD clinical team, substance abuse treatment	Veterans
Washtenaw County Community Mental Health (CMH)	800.440.7548 or 734.544.3050 <a href="http://www.washtenaw.org/WCCMH">www.washtenaw.org/WCCMH</a>	24-hour crisis services & mobile crisis team, assistance navigating mental health care services	All ages
Washtenaw County Sheriff	734.971.8400	Free gun locks	All ages
Washtenaw Critical Incident Stress Management Team, Traumatic Events Response Network (TERN)	734.994.2911 (ask for CISM/TERN team)	Respond to traumatic events, including suicide	All ages