

# Healthy Neighborhoods Team

## How we can help

Our team of community health workers and health educators works with individuals and families to help community members get the care they need. We advocate for Washtenaw County community members and provide outreach, particularly in underserved areas.

## Our services

### Social services navigation

We help connect individuals and families with resources related to:

- Food access
- Essential items like clothing and furniture
- Medical insurance enrollment
- Utilities assistance
- Transportation
- Legal services referrals
- Housing assistance
- Senior service resources
- Medical and dental resources

### Chronic disease health coaching and education

- Help community members manage chronic health conditions, such as diabetes, asthma, heart disease, and hypertension
- Provide health education to individuals and groups
- Provide lead prevention and education
- Serve as a communication link between individuals and health care providers

### Community engagement support

- Provide health education at community events
- Support community health needs through outreach at schools, libraries and other public forums - for example, we can partner with schools for lead testing
- Work with local organizations to better understand and advocate for community needs

### Why community health workers?

Research shows that community health workers (CHWs) bring positive outcomes to their communities.

CHWs have been shown to:

- Improve health outcomes
- Improve access, screening, and use of health care services
- Improve adherence to health recommendations
- Reduce need for emergency and specialty services
- Promote better understanding of individual and community health care needs

## Healthy Neighborhoods Team

### Who we serve

The Healthy Neighborhoods Team works to assist low to moderate income people living in Washtenaw County communities that are high on the social vulnerability index. We serve community members in parts of Ypsilanti, Ypsilanti Township, Augusta Township, west Chelsea, Whitmore Lake, and south and west Ann Arbor. We can also assist Washtenaw residents who are considered low income and are eligible for Medicaid or the Washtenaw Health Plan.

If you have questions about eligibility for services, please contact us!

### How to reach us

#### General info and questions

To learn more about our team, feel free to contact us directly.

- Phone: 734-544-6801
- Email: [healthyneighborhoods@washtenaw.org](mailto:healthyneighborhoods@washtenaw.org)
- Web: [www.washtenaw.org/hnt](http://www.washtenaw.org/hnt)

#### Client referrals

If you know of a community member who may benefit from our services, please fill out our referral form. The client must have agreed 1) to have their information shared with us and 2) for a member of the Healthy Neighborhoods Team contact them.

Access our referral form at <https://bit.ly/hntreferral> or by using this QR code:

