

MLM REC CENTER POOL SCHEDULE - Effective MARCH 1ST, 2023

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00	CLOSED	Lap Swim 6-10A	Lap Swim 6-10A	Lap Swim 6-10A	Lap Swim 6-10A	Lap Swim 6-10A	CLOSED
7:00							
8:00							
9:00	Lap Swim 9-9:45am						Lap Swim 8-9A
10:00	GROUP LESSONS 10-1:15P	Water Aerobics 10:15	Water Aerobics 10:15	Water Aerobics 10:15	Water Aerobics 10:15	Water Aerobics 10:15	Private Lessons 10-1P
11:00		Lap Swim 11:20-1P	Lap Swim 11:15-1	Lap Swim 11:20-1P	Lap Swim 11:15-1P	Open Swim 11:15-1P	
12:00							
1:00	Open Swim 1:20-3:45P	Open Swim 1-5P *one lane reserved for lessons from 3- 6p	Open Swim 1-3P	Open Swim 1-5P *one lane reserved for lessons 3-6p	Open Swim 1-3P	Lap Swim 1-5:30P *one lane reserved for lessons 3-7p	Open Swim 1:20-5:45P
2:00			Lap Swim 3-5P		Lap Swim 3-5P		
3:00							
4:00	CLOSED Rec Center closes at 4pm	Lap Swim 5-6P	Private Lessons 5-7:30P	Lap Swim 5-6P	Private Lessons 5-7:30P	Family Fun Night 5:30-7:45PM	CLOSED Rec Center closes at 6pm
5:00		Water Aerobics 6PM		Water Aerobics 6PM			
6:00		Lap Swim 7-7:45P	Lap Swim 7:30-7:45P	Lap Swim 7-7:45P	Lap Swim 7:30-7:45P		
7:00							
8:00							
9:00							

NOTE - Pool Schedule is subject to change without notice

*One Lane reserved for private lessons as needed

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Pool Information:

Locker rooms are closed M-F for cleaning as follows: Men's 1:00-1:30pm & Women's 1:30-2:00pm

Shaded areas = pool closed for that scheduled activity only. ** Lane lines will be removed from the pool 5 minutes before activity begins.

Lap Swim = Swimmers of all ages must be able to swim one lap without stopping in order to participate.

Spa Area = Swimmers are allowed to relax in the spa area, but must social distance.

Open Swim = All swimming activities welcome. Policies for Children 12 and under:

-Children who are 5 and under, an adult must be with the child in the water at all times. ***

-Children who are 6-8 who CANNOT* pass the deep end test, an adult must be with the child in the water at all times. ***

-Children who are 6-8 who CAN** swim, an adult must be in the pool area at all times.

-Children who are 9-12 who CANNOT* pass the deep end test, an adult must be in the pool area at all times.

-Children who are 9-12 who CAN** swim, an adult must be in the building at all times.

-Patrons over 13 who require assistance to enter the pool - adult/caregiver must be in the pool area at all times.

*Children who "CANNOT" pass the deep end swim test

**Children who "CAN" swim are able to pass the deep end swim test

***Adults required to be in the water may not swim laps until the children exit the pool or another adult takes over supervision.

The deep end test consists of swimming one full length of the pool without stopping and immediately treading water for 60 seconds without stopping.

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