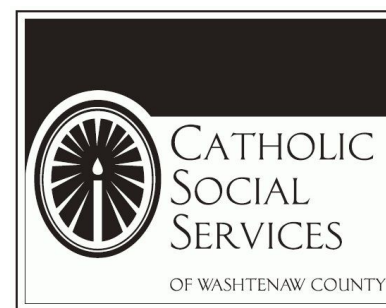


# 2015 Senior Resource Directory Washtenaw County

Catholic Social Services of Washtenaw County (CSSW) 734-712-7774

visit CSSW on the web at: [www.csswashtenaw.org](http://www.csswashtenaw.org)



## 1. ADULT DAY SERVICES

CSSW The Oaks.....734-662-4001  
 CSSW The Oaks-Dexter.....734-922-5876  
 Memory Support Center at Brecon Village.....734-295-9811  
 Silver Club (UM Turner Resource Center).....734-998-9352

## 2. CARE MANAGEMENT/CARE COORDINATION

Area Agency on Aging 1-B.....800-852-7795  
 Jewish Family Services.....734-769-0209

## 3. CHORE & MAINTENANCE

CSSW/NSS Chore and Home Safety .....734-712-7774  
 OCED Home Weatherization Program.....734-622-9036  
 Washtenaw County Department of Human Services.....734-481-2000

## 4. COUNSELING/MENTAL HEALTH SERVICES

CSSW Behavioral Health Services.....734-926-0155  
 Chelsea Behavioral Health Services.....800-328-6261 or 734-593-5251  
 Community Support & Treatment Services (County).....734-544-3050  
 Jewish Family Services.....734-769-0209  
 UM Psychiatric Emergency Services 24-hr Crisis Center..734-996-4747

## 5. EDUCATION

AARP (Michigan Office).....866-227-7448  
 Elderquest at EMU.....734-487-0882  
 Osher Lifelong Learning Institute at UM.....734-998-9351  
 WCC Economic and Community Development.....734-677-5060  
 Washtenaw Literacy.....734-879-1320

## 6. ELDER ABUSE/DOMESTIC VIOLENCE

Adult Protective Services (Elder Abuse) toll-free.....855-444-3911  
 CSSW Senior Services Resource Advocacy.....734-712-7774  
 SafeHouse Ctr (Domestic Violence/Sexual Assault).....734-995-5444

## 7. EMERGENCY SERVICES (Food, Shelter, Utilities, Crisis)

Aid In Milan.....734-439-8420  
 American Red Cross.....734-971-5300  
 Community Resource Center (Manchester).....734-428-7722  
 CSSW Emergency Food Program.....734-662-4462  
 Faith In Action (Dexter & Chelsea School Districts).....734-475-3305  
 Friends In Deed.....734-484-4357  
 House by the Side of the Road.....734-484-7272  
 JFS Food Pantry & Clothing Programs.....734-769-0209  
 Washtenaw County Department of Human Services.....734-481-2000  
 Northfield Human Services.....734-449-0110  
 UM Psychiatric Emergency Services 24-hr Crisis Center..734-996-4747  
 Saline Area Social Services.....734-429-4570  
 Salvation Army: Ann Arbor..734-332-3474 or Ypsilanti..734-482-4700  
 Shelter Association of Washtenaw County.....734-662-2829  
 S.O.S. Community Crisis Center (food).....734-484-9945

## 8. FORECLOSURE INTERVENTION

Housing Bureau for Seniors.....734-998-9339  
 MSU Extension Housing Counselors.....734-222-9595  
 Washtenaw County Treasurer (tax foreclosure).....734-222-6600

## 9. GRANDPARENT HELP & INFORMATION

CSSW Grandparents As Parents.....734-712-3774

## 10. HEARING & SPEECH IMPAIRMENT

Deaf & Hearing Impaired Services.....248-473-1888  
 EMU College of Education Clinical Suite.....734-487-4410  
 Turner Senior Resource Center.....734-998-9353

## 11. HOME HEALTH CARE

ChelseaCare Home Health.....734-593-5780  
 Evangelical Homes of Michigan (Shared Services).....734-222-4037  
 Glacier Hills Home Care.....734-769-5758  
 St. Joseph Mercy Home Care.....734-327-3200  
 ..... (Also see listings in Yellow Pages under "Nurses" or "Home Health")

## 12. HOSPICE

Arbor Hospice.....734-662-5999  
 St. Joseph Mercy Hospice.....888-418-5572  
 Hospice of Michigan.....888-247-5701

## 13. HOUSING INFORMATION

Ann Arbor Housing Commission.....734-794-6720  
 Housing Access for Washtenaw County.....734-961-1999

Housing Bureau for Seniors.....734-998-9339  
 Ypsilanti Housing Commission.....734-482-4300

## Independent, Assisted Living & Alzheimer's Residences

Brecon Village.....734-429-1155  
 Chelsea Retirement Communities.....734-433-1000  
 Evangelical Home (Saline).....734-429-9401  
 Gilbert Residence.....734-482-9498  
 Glacier Hills.....734-769-6410  
 Huron Woods.....734-712-5600  
 Sanctuary at St. Joseph's Village.....734-712-1600  
 Silver Maples of Chelsea.....734-475-4111  
 Superior Woods Healthcare Center.....734-547-7600  
 University Living.....734-669-3030

## Apartments - Subsidized or Affordable

Baker Commons..734-994-8249 Carpenter Place.....734-973-8377  
 Chidester Place...734-487-9400 Clark East Tower.....734-482-5511  
 Courthouse Sq...734-995-5511 Cranbrook Tower.....734-668-8914  
 Cross St Village...734-483-8300 Lexington Club.....734-572-9000  
 Lurie Terrace.....734-665-0695 Mill Pond Manor.....734-429-3838  
 Miller Manor.....734-794-6720 Parkway Mdws.....734-662-5055  
 Sequoia Place.....734-669-8840 Towne Centre.....734-482-5500  
 Walls Manor.....734-484-3820

## 14. INFORMATION, REFERRAL & RESOURCE ADVOCACY

211 (WC United Way).....211 (from landline) or 800-552-1183 (from cell)  
 Area Agency on Aging 1-B.....800-852-7795  
 Center for Independent Living.....734-971-0277  
 CSSW Senior Services Resource Advocacy.....734-712-7774  
 Eldercare.....800-677-1116  
 Jewish Family Services.....734-769-0209  
 UM Turner Senior Resource Center.....734-998-9353

## 15. LEGAL SERVICES

Legal Hotline for Mich. Seniors (phone advice).....800-347-5297  
 Legal Services of South Central Michigan.....734-665-6181  
 Washtenaw Bar Association Lawyer Referral (fee).....734-996-3229

## 16. MEALS

Senior Nutrition Program (OCED).....734-222-3767  
 Group Meal Sites.....see "Senior Centers" list

### Home-Delivered Meals

Aid In Milan.....734-439-8420  
 Ann Arbor Meals on Wheels.....734-998-6686  
 Chelsea/Manchester.....734-475-9242  
 Dexter.....734-426-7737  
 Saline.....734-429-9274  
 Northfield Twp.....734-622-9025  
 Ypsilanti Meals on Wheels.....734-487-9669

## 17. MEDICAL SERVICES

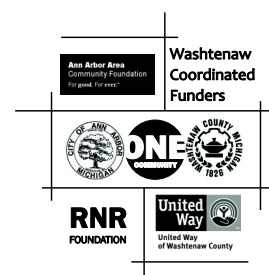
### Dental

Community Dental Center.....734-998-9640  
 Hope Dental Clinic.....734-480-9575  
 University of Michigan School of Dentistry.....734-763-6933

### Geriatric Health Assessment

IHA & Internal Medicine.....734-712-5189  
 UM Turner Geriatric Clinic.....734-764-6831  
 Washtenaw Geriatrics.....734-528-5700

(Medical Services continued on next page)

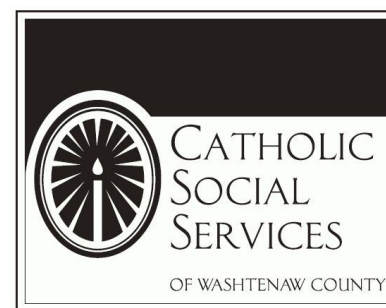


The Blueprint for Aging works to increase and maintain factors that promote independent living for older adults in Washtenaw County  
**734-926-4655**  
[www.BlueprintForAging.org](http://www.BlueprintForAging.org)



# 2015 Senior Resource Directory for Washtenaw County

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or visit us at [www.csswashtenaw.org](http://www.csswashtenaw.org)



## 17. MEDICAL SERVICES (continued)

### Health Services

Chelsea Community Hospital (St. Joseph Mercy).....	734-593-6000
IHA Reichert Internal Medicine at Towsley.....	734-712-5189
Hope Medical Clinic.....	734-481-0111
JFS Partners in Care Medical Accompaniment.....	734-769-0209
"Lifeline" (Medical Alert System).....	800-380-3111
Medical Loan Closet (Emmanuel Lutheran Church).....	734-482-7121
Neighborhood Health Family Center (St. Joseph Mercy)....	734-544-6900
Packard Health.....	734-971-1073
Saline Community Hospital (St. Joseph Mercy).....	734-429-1500
UM Turner Geriatric Clinic.....	734-764-6831
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Health Department.....	734-544-6700

### Prescription Assistance

CSSW Medicare/Medicaid Assistance Program (MMAAP) .....	800-803-7174 or 734-712-0523
Washtenaw County Prescription Plan.....	734-544-6886

## 18. MEDICAID HELP & INFORMATION

CSSW Medicare/Medicaid Assistance Program (MMAAP) .....	800-803-7174 or 734-712-0523
Medicaid Beneficiary Helpline.....	800-642-3195
Washtenaw County Department of Human Services.....	734-481-2000

## 19. MEDICARE HELP & INFORMATION

CSSW Medicare/Medicaid Assistance Program (MMAAP) .....	800-803-7174 or 734-712-0523
Medicare.....	800-633-4227
Michigan Peer Review Organization (MPRO).....	248-465-7300

## 20. NURSING HOME INFORMATION

Housing Bureau for Seniors.....	734-998-9339
Michigan Department of Community Health Nursing Home Monitoring.....	517-241-4712
Complaint Intake Unit.....	800-882-6006
Michigan Long-Term Care Ombudsman.....	866-485-9393

## 21. NURSING HOMES

Chelsea Retirement Community.....	734-433-1000
Evangelical Homes (Saline).....	734-429-9401
Gilbert Residence.....	734-482-9498
Glacier Hills Care & Rehabilitation Center.....	734-929-6922

## 22. PHYSICAL FITNESS (See also your local Senior Center)

Ann Arbor YMCA.....	734-996-9622
Chelsea Wellness Center.....	734-214-0220
Saline Recreation Center.....	734-429-3502
St. Joseph Mercy Health-Women's Health Center.....	734-712-5800
UM Turner Senior Resource Center.....	734-998-9353
Washtenaw Community College Fitness Center.....	734-975-9950
Washtenaw County Parks and Recreation.....	734-971-6337

## 23. RESPITE CARE

Arbor Care, Inc.....	734-975-6608
Area Agency on Aging 1-B (AAA).....	800-852-7795
Brecon Village.....	734-429-1155
Brookdale Place.....	734-327-1350
CSSW Interfaith Volunteer Caregiver Program.....	734-712-5730
Fairfax Manor.....	734-483-6662
Huron Woods.....	734-712-5600
Silver Maples of Chelsea.....	734-475-4111
Superior Woods Healthcare Center.....	734-547-7600

## 24. SENIOR CENTERS For complete senior center info see website:

### [BlueprintForAging.org/washtenaw-county-senior-centers](http://BlueprintForAging.org/washtenaw-county-senior-centers)

A2 Community Ctr....	734-662-3128	A2 Sr Center.....	734-794-6250
Chelsea.....	734-475-9242	Dexter.....	734-426-7737
Jewish Community....	734-971-0990	Lincoln.....	734-484-7000 or 7557
Milan.....	734-508-6229	Northfield Twp.....	734-449-2295
Pittsfield.....	734-822-2117	Saline.....	734-429-9274
UM Turner Sr. Res....	734-998-9353	Ypsilanti (City).....	734-483-5014
Ypsi.Twp 50 Beyond.	734-544-3838		

## 25. SENIOR SUBSTANCE ABUSE

Alcoholics Anonymous.....	734-482-5700
Chelsea Behavioral Health Services.....	800-328-6261
CSSW Senior Services Resource Advocacy.....	734-712-7774
Dawn Farm.....	734-669-8265

## 25. SENIOR SUBSTANCE ABUSE (continued)

Home of New Vision.....	734-975-1602
Older Adult Recovery Center.....	734-593-5251

## 26. SOCIAL SECURITY ADMINISTRATION

Social Security Administration.....	800-772-1213
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## 27. SUPPORT GROUPS

Al-Anon.....	734-995-4949
Alzheimer's Association.....	800-272-3900
Arbor Hospice Grief Recovery.....	734-662-5999
Arthritis Foundation (Michigan).....	248.649.2891
CSSW Grandparents As Parents.....	734-712-3774
Jewish Family Services.....	734-769-0209
National Parkinson's Foundation.....	800-473-4636
St. Joseph Mercy Health System Heart and Vascular.....	734-712-8205
Hospice Grief Recovery.....	888-418-5572
Stroke.....	734-712-2830
Turner Geriatric Clinic U of M: Staying Smoke Free, Caring for Aging Relatives, Caring for Your Mate, Low Vision, Diabetes.....	734-764-6831

## 28. TAX ASSISTANCE

AARP (Michigan Office).....	866-227-7448
CSSW Tax Assistance Program.....	734-712-0588
Housing Bureau for Seniors.....	734-998-9339
St. Francis of Assisi Catholic Church.....	734-769-2550 or 734-821-2100

## 29. TRANSPORTATION

Ann Arbor Transportation Authority (Info Line).....	734-973-6500
Night Ride and Holiday Ride.....	734-528-5432
Jewish Family Services.....	734-769-0209
Manchester Senior Citizens.....	734-385-6308
People's Express.....	877-214-6073
Western Washtenaw Area Value Express (The WAVE).....	734-475-9494

## 30. VETERANS

Michigan Ability Partners.....	734-975-6880
Michigan Family Assistance Center.....	517-990-1186
Michigan Veterans Affairs Agency.....	1-800-MICH-VET
OLHSA Housing.....	517-546-8500
Transition Assistance Advisor.....	517-990-1111
Veteran Affairs A2 Healthcare System (V.A.).....	734-769-7100
Washtenaw County Veteran Affairs.....	734-973-4540

## 31. VISION IMPAIRMENT

Kellogg Eye Center U of M.....	734-763-8122
Washtenaw Library for the Blind and Physically Disabled at the Ann Arbor District Library.....	734-327-4224

## 32. VOLUNTEER OPPORTUNITIES

CSSW RSVP (Retired & Senior Volunteer Program).....	734-712-4325
CSSW Senior Services Volunteer Program.....	734-712-4325
Hospice of Michigan Volunteer Program.....	734-769-4524
Jewish Family Services Older Adult Services.....	734-769-0209
OCED Washtenaw Co. Foster Grandparent Program.....	734-622-9025

## 33. WEBSITES

### Remember your librarian can help with websites.

<a href="http://csswashtenaw.org">csswashtenaw.org</a> .....	Catholic Social Services of Washtenaw County
<a href="http://jfsannarbor.org">jfsannarbor.org</a> .....	Jewish Family Services
<a href="http://BlueprintForAging.org">BlueprintForAging.org</a> .....	WC Aging Collaboration
<a href="http://washtenaw211.org">washtenaw211.org</a> .....	Human Services Resources
<a href="http://sitemaker.umich.edu/seniorhelp">sitemaker.umich.edu/seniorhelp</a> .....	Resource Database by UM
<a href="http://ewashtenaw.org">ewashtenaw.org</a> .....	click on "Services for" then "Older Adults"
<a href="http://michigan.gov/miseniors">michigan.gov/miseniors</a> .....	MI Access to Services For Seniors
<a href="http://greenpath.org">greenpath.org</a> .....	Non-profit Credit Counseling



OFFICE OF COMMUNITY &  
ECONOMIC DEVELOPMENT

*Collaborative solutions for a promising future*

[www.ewashtenaw.org/oced](http://www.ewashtenaw.org/oced)

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Foster Grandparent Programs**