

# Have a happy & safe holiday!



## Looking for ways to keep holiday gatherings safer?

Consider taking these steps to reduce your risk of getting and spreading COVID-19, flu, and RSV this holiday season!

<b>3 weeks before event</b>	<ul style="list-style-type: none"><li>✓ Make sure everyone eligible has gotten a flu shot and is up-to-date on COVID-19 vaccines (including a bivalent booster)</li></ul>
<b>The week before event</b>	<ul style="list-style-type: none"><li>✓ Wear a high quality mask when out</li><li>✓ Use rapid at-home COVID tests: test 2 days before the event and the morning of the event to be safest</li></ul>
<b>Day of event</b>	<ul style="list-style-type: none"><li>✓ If you have symptoms, stay home and away from others</li><li>✓ Do what you can to increase ventilation: meet outside or open windows and run fans if inside</li></ul>
<b>After the event</b>	<ul style="list-style-type: none"><li>✓ If someone has symptoms or gets sick, have them talk to a doctor right away about treatment options. Treatments are available for both flu and COVID that can help lower the chances of severe illness.*</li></ul> <p>*This is especially important for high risk people, which includes anyone not up-to-date on COVID-19 vaccines (including a bivalent booster), 50+ years old, and/or not very physically active.</p>

