



# Day Treatment Phases

## Phase 1: Orientation

To succeed in Phase 1, I must earn **at least 75%** on my achievement sheet **4 weeks in a row**.

I will complete a safety plan with staff during this phase.

## Phase 2: Personal Goals



To succeed in Phase 2, I must earn **at least 75%** on my achievement sheet **6 weeks in a row**. If I can earn **100%** on my sheets for **4 weeks in a row**, I can skip the last 2 weeks and move on to Phase 3.

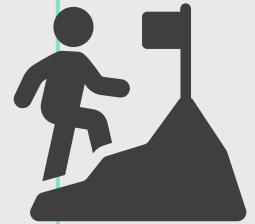
I will work on weekly personal goals with my coaches using the SMART goal sheet.



## Phase 3: Leadership and Transitions

To succeed in Phase 3, I must earn **at least 75%** on my achievement sheet **6 weeks in a row**. If I can earn **100%** on my sheets for **4 weeks in a row**, I can skip the last 2 weeks and move on to Phase 4.

I will work on weekly personal goals with my coaches using the SMART goal sheet.



## Phase 4: Recommendation for Completion and Aftercare Planning

### **Congratulations!**

You've completed 3 phases of the program. At this point, you will receive a **recommendation** from the Youth Center stating that you have successfully demonstrated the skills necessary to transition back into a traditional school environment.

## Program Expectations:

- have little or no unexcused absences otherwise I could get an extra week added to my current phase time
- if I receive any code of conduct violation, I will have more time added based on how severe my actions were.
  - level 1 violation = 1 extra week added
  - level 2 violation = 2 extra weeks added
  - level 3 violation = restart at an earlier phase OR I could be asked to leave the program

**\*\*I will be allowed a chance to remove a violation from my record and not get weeks added to my phase if I participate in the restorative process and repair harm.\*\***

## Phase 1: Orientation

### INCENTIVES:

*During this phase, I can:*

- go on educational outings
- go on 1-on-1 outings with staff
- work with staff at WAVE
- snack store at designated times
- celebrate completing orientation

### RESTRICTIONS:

*During this phase, I can't:*

- attend non-educational outings
- have phone access at any time
- enter the kitchen outside of designated times

## Phase 2: Personal Goals

### INCENTIVES:

*During this phase, I can do Phase 1 incentives **and**:*

- go on non-educational outings
- earn gift cards
- enter the kitchen at additional times with staff permission/supervision
- do some independent work at WAVE
- celebrate completing my goals

### RESTRICTIONS:

*During this phase, I can't:*

- have phone access at any time

## Phase 3: Leadership and Transitions

### INCENTIVES:

*During this phase, I can do everything from Phases 1, 2,*

### AND:

- work independently at WAVE
- look for employment
- use my phone during designated times (with staff permission)

## Phase 4: Recommendation for Completion and Aftercare Planning

### INCENTIVES:

*During this phase, I can do everything from Phases 1, 2, 3,*

### AND:

- gain additional phone access
- celebrate completing the program

After earning the required amount of points to successfully move up a phase, I will have to advocate for myself by **presenting to staff and peers** why I believe I am ready. **Staff will support** me by giving me my points sheet and sharing sample dialogues for what I can say.