

Mpox Transmission Risk by Activity

Mpox is spread through close, personal, often skin-to-skin contact. Use this chart to reduce your risk!

MOST RISKY	<ul style="list-style-type: none">• Direct contact with an infectious rash, scabs, or body fluids• Sexual or intimate contact (please note that condoms are likely not enough to prevent mpox)
MORE RISKY	<ul style="list-style-type: none">• Kissing• Cuddling• Dancing at a crowded party <u>inside</u> with non-fully clothed people
POSSIBLE	<ul style="list-style-type: none">• Sharing drinks, vapes, or cigarettes• Sharing a bed, towels, personal toiletry items, or sex toys• Dancing at a crowded party <u>inside</u> with fully clothed people
UNLIKELY	<ul style="list-style-type: none">• Dancing at a party <u>outside</u> with mostly clothed people• Walking past someone in a grocery store• Trying on clothing at a store• Touching a doorknob or other equipment shared by other people (like at a gym, store, etc.)• In a swimming pool, hot tub, or body of water• Coworker-to-coworker transmission• Flying in a plane or using public transportation• Using a public restroom

Learn more at www.washtenaw.org/monkeypoxprevention

Last updated 12/20/22. Adapted from materials created by @queernation3000.

