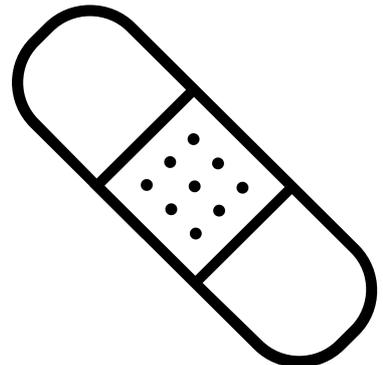
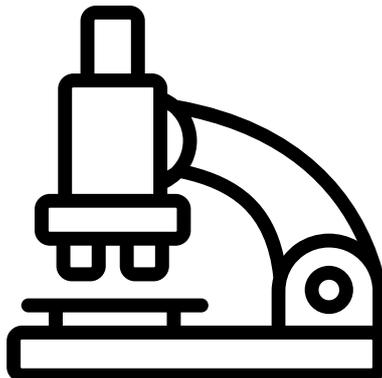
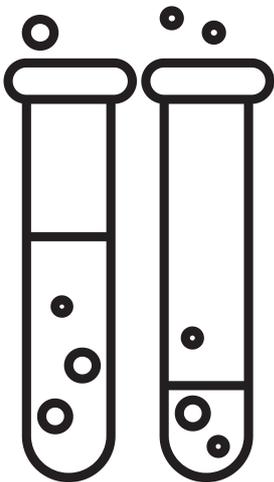


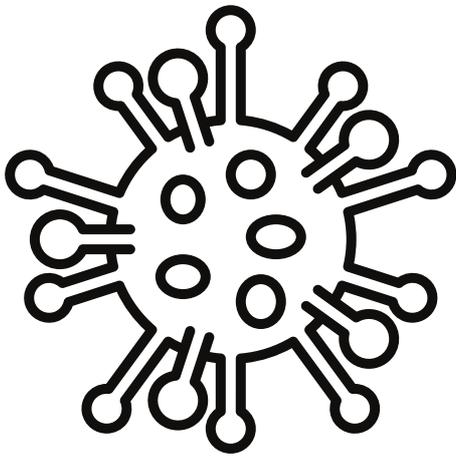


Washtenaw County  
Health Department  
*healthy together*

Become a  
**Junior  
Vaccine  
Ambassador**

You can be a scientist, too!



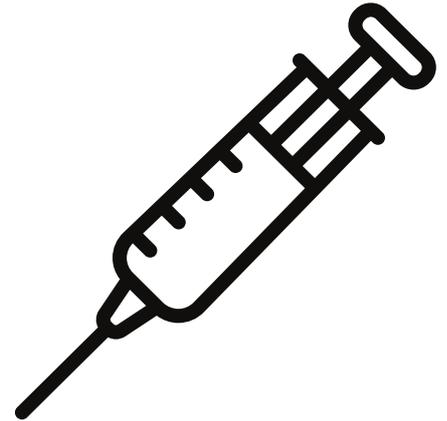


## What is a Junior Vaccine Ambassador?

A Junior Vaccine Ambassador is someone who knows about vaccines and how important and safe they are!

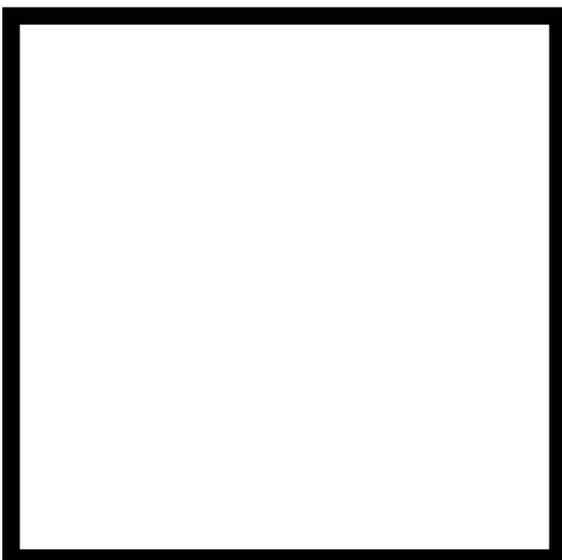
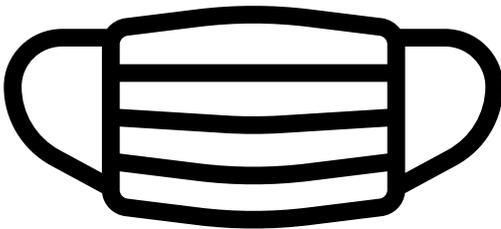
## What are a Junior Vaccine Ambassador's responsibilities?

A Junior Vaccine Ambassador is responsible for sharing with their friends and family their knowledge of vaccines!



## How can I become a Junior Vaccine Ambassador?

Complete this booklet the best that you can and sign the Junior Vaccine Ambassador oath!



**Your name:**

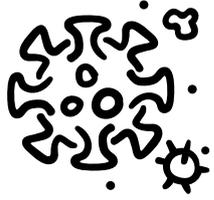
\_\_\_\_\_

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Draw a picture of you!

# What is COVID-19?



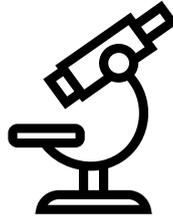
COVID-19 is a sickness caused by a **virus**.



Sometimes, **new viruses** can be discovered.



It can cause a fever, cough, sore throat, nausea, vomiting, loss of taste or smell, and can make it hard to breath.



COVID-19 is a new virus discovered in **2019**. That is why it is called COVID-19!

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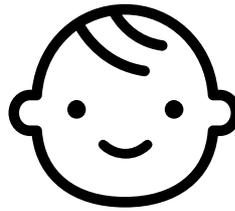
## How can you get COVID-19?



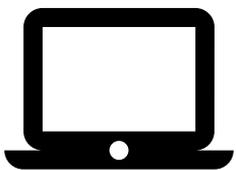
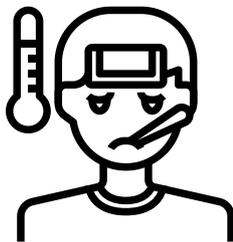
COVID-19 can spread through coughing, sneezing, and sometimes even talking.



Some kids may not get very sick when they get COVID-19.



But other kids might get very, very sick.



**I'm sure your life has changed because of COVID-19!**



Did you do anything different at school or at home?  
Share below some new experiences you have had!

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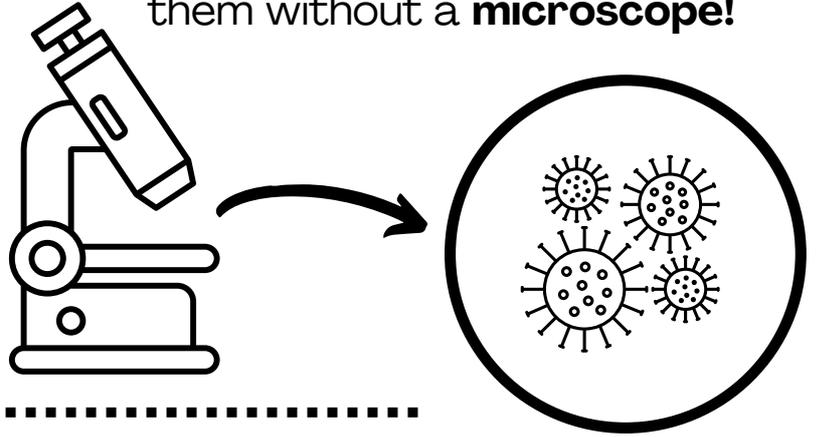
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# What is a virus?

A virus is a type of **germ** that can make us sick!

A virus you might have heard of before is the **flu virus!**

They are so tiny that we can't even see them without a **microscope!**



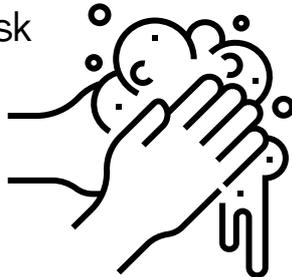
**It is important to protect yourself, your friends, and your family from viruses!**



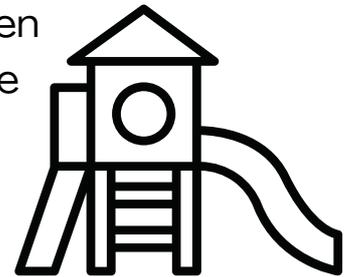
Wear a mask



Cover your mouth when you cough and sneeze

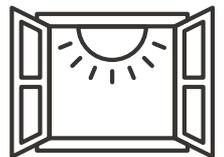
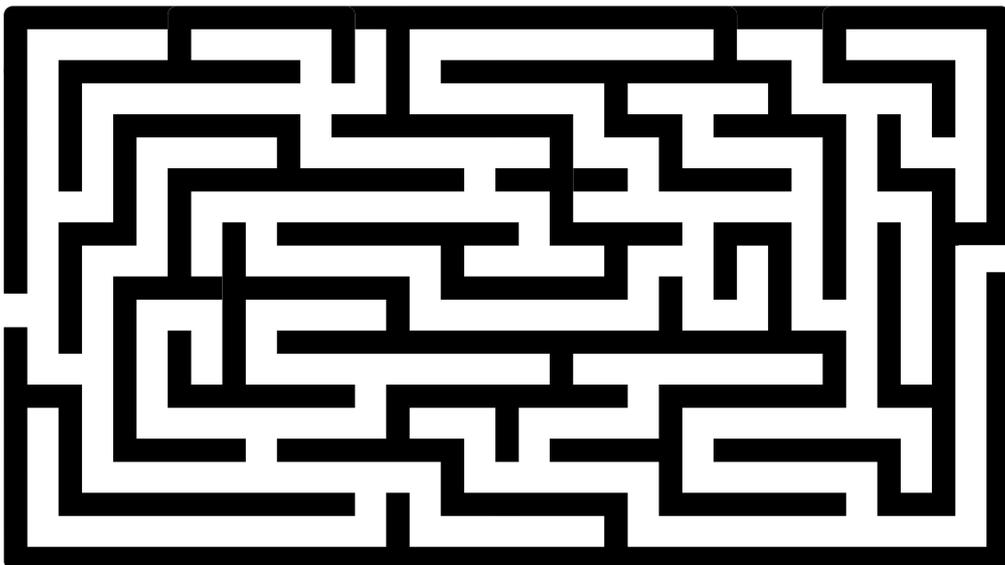
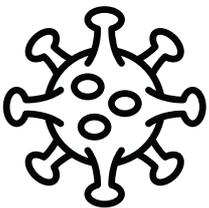


Wash your hands for 20 seconds



Play outside instead of inside

**Help the virus to the open window!**

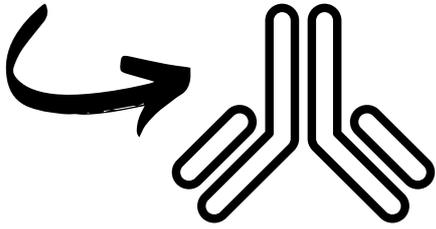


# What is a vaccine?

A **vaccine** is a treatment that teaches your body how to fight off diseases! It doesn't make you better when you're sick, but it stops you from getting sick in the first place!

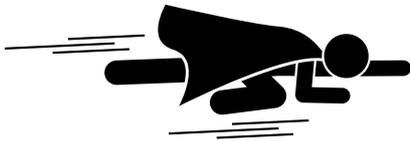


## Antibody



A vaccine teaches your body how to make super tiny things called **antibodies**! Antibodies are always on the look out for viruses and other things that aren't supposed to be inside of you!

Antibodies help make you immune to some sicknesses! If you're **immune** to something, it means you can't get really sick from it!



An antibody is like a tiny **superhero** inside of you!

Try to unscramble these words!

FASE \_\_\_\_\_

CINCVAE \_\_\_\_\_

EALTHHY \_\_\_\_\_

UNMEIM \_\_\_\_\_

TIBDYOAN \_\_\_\_\_

VDICO \_\_\_\_\_

IURSV \_\_\_\_\_

RGEM \_\_\_\_\_



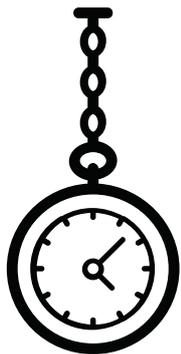
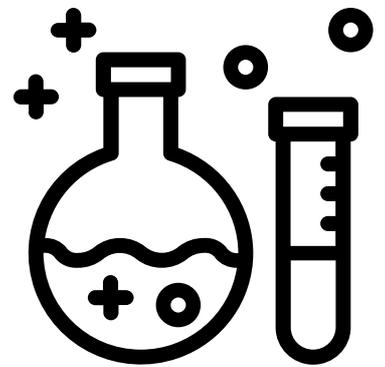
Color what superhero you are!

# All vaccines are different!

Not all vaccines are made out of the same thing!

Every disease needs a unique vaccine.

Some vaccines make you immune after **one shot**, some vaccines might need **two** or **three shots**, and some vaccines need you to get them once **every year**!



## Vaccines are over 200 years old!

Before vaccines, people died from diseases you might have never even heard of! Like Diphtheria.

Thankfully, vaccines have gotten rid of a lot of diseases, and these diseases rarely get people sick today!

---

## What diseases do vaccines protect against?



E	T	A	C	H	I	C	K	E	N	P	O	X	O
Q	E	U	R	U	B	E	L	L	A	S	D	S	I
V	T	Z	I	W	D	H	T	D	Y	C	N	M	Y
P	A	I	V	B	I	F	K	M	N	O	J	E	C
N	N	J	Q	O	P	A	I	U	N	V	K	N	I
E	U	O	O	G	H	I	H	M	D	I	V	I	Y
U	S	P	E	T	T	C	E	P	H	D	L	N	C
M	O	F	O	R	H	W	P	S	F	A	V	G	M
O	E	B	F	S	E	M	A	I	H	H	R	I	A
N	T	A	S	C	R	D	T	G	O	W	U	T	H
I	Z	A	S	K	I	Y	I	C	P	O	L	I	O
A	C	S	J	L	A	K	T	R	F	H	Y	S	A
D	Q	T	A	O	E	G	I	Q	Z	U	D	P	F
D	T	H	E	N	B	S	S	W	F	L	U	S	J

POLIO  
MUMPS  
MEASLES  
RUBELLA  
CHICKENPOX  
DIPHTHERIA  
COVID  
HEPATITIS  
TETANUS  
MENINGITIS  
FLU  
PNEUMONIA

# Creating a vaccine takes a lot of hard work!

Thousands of researchers all over the world work every day to make new vaccines to keep us healthy!

Scientists spend a lot time making sure vaccines are **safe**.

We should all be vaccinated to keep ourselves, our friends, our family, and our community safe!

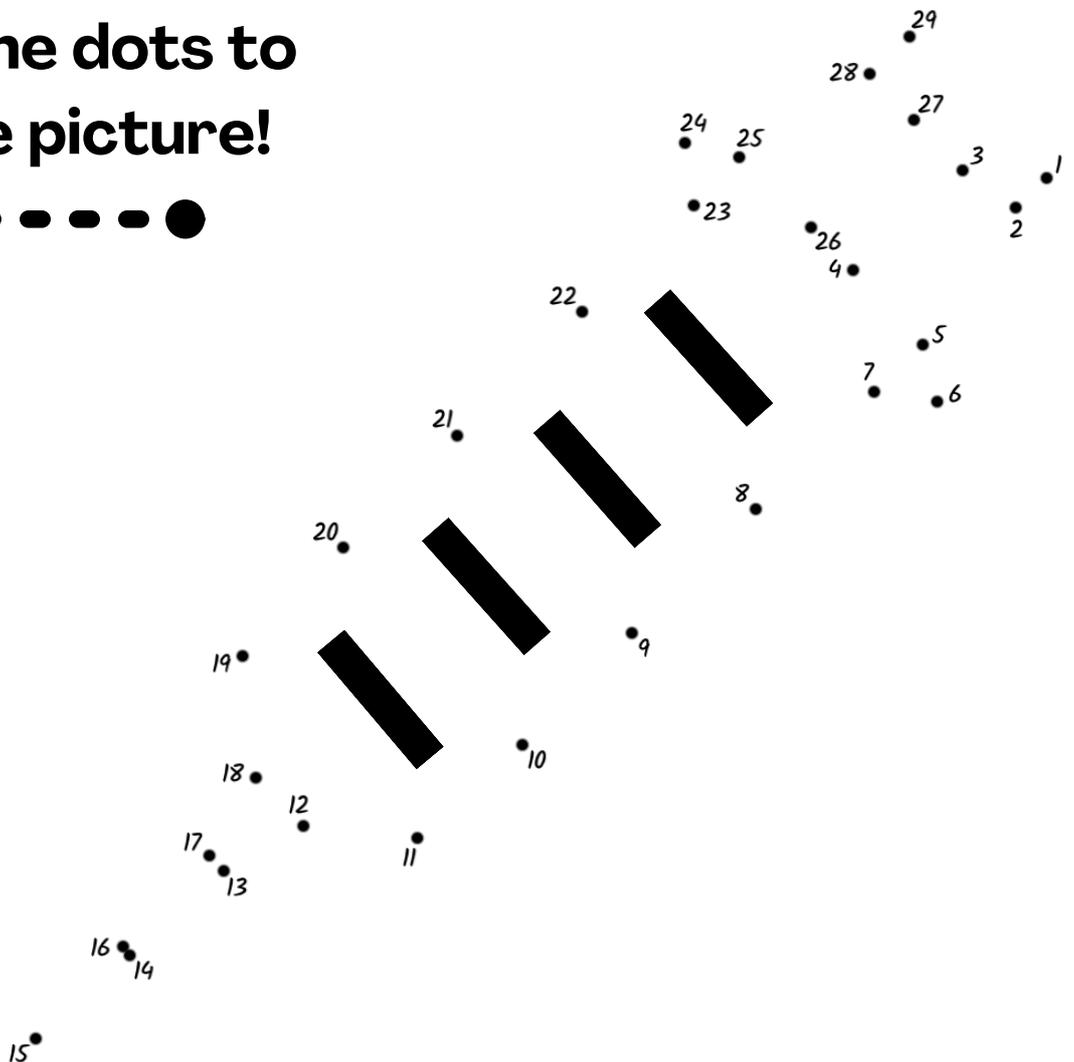


## Do you remember a time that you got a vaccine?

Ask an adult about all of the vaccines you have gotten!



## Connect the dots to reveal the picture!



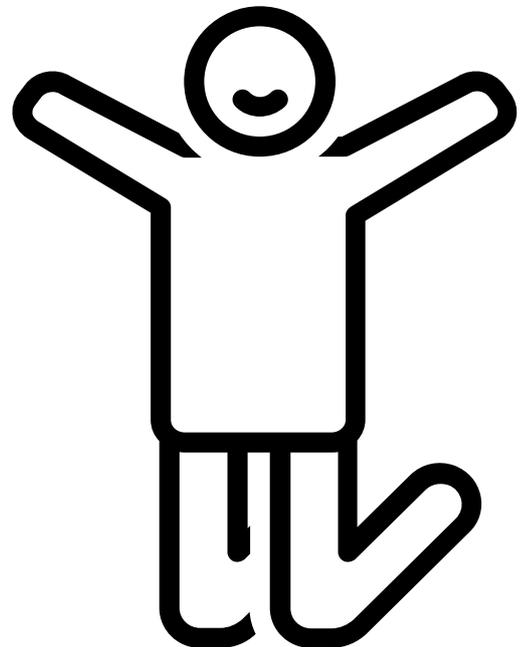
# Congratulations!

You have completed the Junior Vaccine Ambassador training! Sign your oath below and wear your badge with pride!

I, \_\_\_\_\_ (your name),  
promise to share with friends and family  
my knowledge about vaccines and how  
safe they are.



**Way to go!**



Washtenaw County  
**Health Department**  
*healthy together*

Created May 2022