

Washtenaw County Community Mental Health

CMH CCBHC ADDENDUM TO: VARIOUS REGIONAL POLICIES – (policy)

PURPOSE

Provide additional and centrally located provisions to various regional policies in order to demonstrate CMH standards in compliance with CCBHC requirements.

POLICY

In addition to the provisions of the named regional policy, CMH adheres to the following:

- A. In regards to the **Access Systems** regional policy, CMH complies with CCBHC crisis, screening, assessment, and treatment planning requirements and timelines. CMH has staff available 24 hours a day, 7 days a week including holidays to perform screening, assessment and crisis intervention services.
 - a. All screening tools and admission criteria to determine eligibility are valid, reliable, and uniformly administered.
 - b. Determining an individual's eligibility for Medicaid specialty services and supports, other Medicaid-funded programs, MI Child or, for those who do not have any of these benefits, as an individual whose presenting needs for mental health/substance use disorder services make them a priority to be served. Priorities are established in the Michigan Mental Health Code.
 - c. CMH Access system staff shall first determine whether the presenting mental health or substance use disorder need is emergent, urgent, routine and will address emergent and urgent needs first within 3 hours, 10 hours, and 10 calendar days respectively. To assure understanding of the problem from the point of view of the individual who is seeking help, methods for determining emergent or urgent situations will incorporate "caller of client-defined" crisis situations. Staff demonstrate empathy as a key customer service method.
- B. In regards to **the Assessment and Reassessment policy**, all CMH consumers receive comprehensive assessments that ensure a consumer's need for care, the type of care needed, and the need for further assessments of evaluations are determined during an initial assessment. All consumers also receive reassessments anytime there is a significant change in the consumer's status and as requested by the consumer. Additionally reassessments of need shall occur 45 days prior to an annual review and/or revision of a consumer's Individual Plan of Service (IPOS). The Assessment will be updated no less frequently than every 90 days. The Treatment planning evaluation is updated based on any changes in consumer's status, responses to treatment, or goal achievement which may be triggered during the assessment update.
- C. Though the Regional Policy **Timeliness of Service Provision and Documentation** identifies many time frames for all documentation, it is essential to identify that all full Individual Plans of Service (IPOS) are developed within 45 days of the Preliminary IPOS and then within 365 days of the previous IPOS.
- D. The **Religious Freedom and Treatment by Spiritual Means** regional policy also applies to Veterans, American Indians or Alaskan Natives (AI/AN). Additionally all CMH

staff have access to SAMHSA toolkits for AI/AN individuals and through Cultural Competency training are reminded to understand that each person experiences their cultural connection in a unique way; and are encouraged to identify strengths in the community to gain insight for possible interventions, and to whenever possible consult with local cultural advisors for questions about symptomology and treatment options

- E. The Regional policy titled **Coordination of Physical Healthcare** applies to all CCBHC enrollees and additionally, when informed of a hospital discharge of a CCBHC enrollee, CMH staff document in the medical record any attempt to initiate contact with a consumer within 24 hours of being discharged from hospitalization.
- F. In regards to the **Person Centered Planning** regional policy, comprehensive person-centered and family-centered diagnostic and treatment planning evaluations are updated by the treatment team in agreement with and endorsed by the consumer in consultation with the primary care provider no less frequently than 60 days, or if requirements mandate, within 45 days.
- G. CMH provides services or referrals for all who request services, therefore the (previously Regional, most recently CMH) Wait List for Services policy will be rescinded.
- H. The following Regional Policies are also applicable to CCBHC Enrollees, Veterans, American Indian and Alaskan Native individuals receiving CCBHC services
 - a. Assessment and Reassessment
http://media.wix.com/ugd/2fcacd_4bf363d61ac64070917c87cfc2ed9758.pdf
 - b. Clinical Practice Guidelines
http://media.wix.com/ugd/2fcacd_0880c3ab4e8c4f76a7415174249c89ad.pdf
 - c. Person Centered Planning
http://media.wix.com/ugd/2fcacd_c757e97fd99946b28e92288251caf3cd.pdf
 - d. Services Suited to Condition
http://media.wix.com/ugd/2fcacd_a60a089730324d89890c4130679239f6.pdf
 - e. Continuity of Care
http://media.wix.com/ugd/2fcacd_afb0be30e158499bb56a9262a5cd564d.pdf
 - f. Trauma Informed Services
http://media.wix.com/ugd/2fcacd_36a98b0ec98c4009b66fc4638b78702b.pdf
 - g. Consent to treatment and services
http://media.wix.com/ugd/2fcacd_ecf6711098074e66bf1abe4ac88fa202.pdf
 - h. Administration of Medication and other Medical Treatment
http://media.wix.com/ugd/2fcacd_a4ae3504dc35434ab8bb06363ca47e18.pdf
 - i. Coordination of Physical Health Care
http://media.wix.com/ugd/2fcacd_9574298c124b48c9ba7205648904fda8.pdf
 - j. Culturally and Linguistically Relevant Services
http://media.wix.com/ugd/2fcacd_2b037efbc49b45588d488e0fed68a420.pdf
 - k. Customer Services Policy
http://media.wix.com/ugd/2fcacd_1e6a2a8770494ca895e18bd1bc8e62cb.pdf
 - l. Diagnosis and Clinical Formulation
http://media.wix.com/ugd/2fcacd_7da5dc5116fb4b5cbfb54235c4040be4.pdf
 - m. Individual Crisis Planning
http://media.wix.com/ugd/2fcacd_974589f395344d998dedb89935109db3.pdf
 - n. Religious Freedom and Spiritual Treatment
http://media.wix.com/ugd/2fcacd_40a7bc5eef7543239d157092eac1d758.pdf

- o. Women's Specialty Treatment Services
http://media.wix.com/ugd/6acc9c_f57b82873a0549a09f5a25aae5c9a77e.pdf
- p. Confidentiality and Access to Consumer Records.
http://media.wix.com/ugd/2fcacd_c111ef45067c4f1fad87c8312d7c2936.pdf
- q. Integrated Health (CMH Local policy)
http://www.ewashtenaw.org/government/departments/community_mental_health/cmh-provider-info/policies1517/integrated-health-10-15.pdf

PROCEDURE(S)

There are no additional procedures for this addendum

REFERENCES/NOTES

CMHPSM Regional policies (<http://www.cmhpsm.org/policies>)

EXHIBITS

(none)