

COVID-19 Vaccine Facts for Pregnant & Breastfeeding People



Washnetaw County
Health Department

COVID-19 vaccines are recommended for everyone 12 and up! This includes people who are pregnant and breastfeeding. It also include people who are trying to get pregnant or who might be pregnant in the future.

COVID-19 & Pregnancy

- Pregnant people with COVID-19 are at higher risk of severe illness and complications.
- It's especially important for pregnant people to protect themselves against COVID-19.



COVID-19 Vaccines & Pregnancy

- COVID-19 vaccines are safe during pregnancy.
- Vaccines lower the chance of severe illness and pregnancy complications from COVID-19.
- Pregnant people have not reported different side effects from non-pregnant people after getting mRNA COVID-19 vaccines.
- Getting vaccinated during pregnancy might help protect babies against COVID-19.
- There is no scientific evidence of COVID-19 vaccines causing infertility.

COVID-19 Vaccines & Breastfeeding

- It's safe to get vaccinated while breastfeeding.
- Reports have shown that breastfeeding people who have received mRNA COVID-19 vaccines have antibodies in their breastmilk. This could help protect their babies!

**COVID-19 vaccines are safe, effective, free, and easy to get!
Getting a COVID-19 vaccine gives you protection from serious illness.**

www.washtenaw.org/covid19vaccine

This fact sheet is for information only and is not meant to be used a substitute for consultation with a health care provider. If you have any concerns about getting a vaccine while pregnant or breastfeeding, talk with your health care provider.

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