



Advocacy • Action • Answers on Aging

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Helping seniors remain living at home

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AAA 1-B
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Who are we?

National network connecting seniors, persons with disabilities and family caregivers with local services to improve their quality of life.

Created by an act of Congress in 1974

Over 600 in the United States

16 Area Agencies in Michigan

AAA designated per a geographic area

AAA 1-B serves Oakland, Macomb, Monroe, Livingston, St. Clair, and Washtenaw.

Area Agencies Serving Wayne County

- ▶ Two other agencies serve Wayne County:

Detroit Area Agency on Aging 1-A

- ▶ Serves City of Detroit, Hamtramck, Highland Park, Grosse Pointe area and Harper Woods
(313) 446-4444

The Senior Alliance 1-C

- ▶ Serves all of Wayne County excluding those communities served by Detroit Area Agency on Aging
(800) 815-1112

Contacting Us



By Phone: 800-852-7795

Toll-free telephone help line for seniors, adults with disabilities and family caregivers



Online: www.aaa1b.org

Information on our services, caregiver support groups, adult day care, sign up for our digital newsletter just for family caregivers

Our Programs

**Information and Assistance
Telephone Line**

Meals on Wheels

Home Care Programs

**Medicare Medicaid
Assistance Program**

**Health and Wellness
Programs for Older Adults**

**Support for Family
Caregivers**

Help Finding Transportation

Advocacy



Information & Assistance



**AAA 1-B
Call Center
800-852-7795**

- ❑ A first place to turn when families need help in understanding long term care options
- ❑ Help you find services and resources that can help from our database
- ❑ Do basic screening for possible eligibility for government funded support
- ❑ Send information on specific needs and resources discussed

Common Questions/Referrals

- ▶ Affordable and Independent Housing Options
- ▶ Assisted Living
- ▶ Meals on Wheels & Community Dining
- ▶ Home Care, Housekeeping Assistance & Personal Care
- ▶ Transportation
- ▶ Support Groups
- ▶ Basic Legal Services
- ▶ Utility Assistance
- ▶ Low cost dental options
- ▶ And many other requests

Meals on Wheels



Weekday meals available for those 60 and older who are homebound (*unable to leave their home without assistance.*)



No financial eligibility for the program



Participants are asked for a voluntary donation. (*No one is ever turned away if they cannot donate.*)



We help provide some funding and management of the Meals on Wheels program in our region.



Work with 13 local providers



Call our Information and Assistance Line to find your local provider and get started: (800) 852-7795.

AAA 1-B's In Home Care Programs



Government Funded Options for Long Term Care Support

- ❑ Community Living Program
- ❑ MI Choice Home and Community Based Waiver Program (**Medicaid pays what we don't pay**)
- ▶ Cost share is requested (CLP Only)
- ▶ Contribution amount is sliding scale
- ▶ ***We are now actively enrolling in the MI CHOICE program.***

Community Living Program/ MI Choice

In-Home Care Services

- ▶ **CLP** - Individuals must be 60 years of age or over and reside in Oakland, Macomb, Monroe, Livingston, St. Clair or Washtenaw counties & need assistance with one daily care needs (homemaking, personal care, caregiver relief) Services are 4-10 hours a week
- ▶ **MI CHOICE:** Age 65+ or 18+ and disabled, Medically eligible for nursing home care, Financially eligible for Medicaid, Monthly income of less than **\$2,382** and assets of less than \$2,000.
(Financial eligibility requirements)
- ❖ **CLP ENROLLMENT IS TEMPORARILY CLOSED**

Services May Include: (Based on Program)

- ▶ Personal Care
- ▶ Homemaking
- ▶ Caregiver Respite (breaks)
- ▶ Adult Day Services
- ❖ Meal Preparation *
- ▶ Personal Emergency Response
- ▶ Assistive Technology
- ▶ Environmental modifications*
- ▶ Non-medical transportation*
- ▶ Medical supplies and equipment not covered under the Medicaid State Plan *
- ▶ Private duty nursing *
- ▶ Home delivered meals
- ▶ Training in a variety of independent living skills*
- ▶ Supports coordination *

**MI Choice Program Only*



MI Choice Medicaid Waiver

A program to help older adults remain at home.

Mi Choice can give seniors and adults with disabilities the support they need to remain at home instead of entering a nursing home. If you qualify, you could receive in-home care services that may include:

- Personal care (*help with bathing, toileting and personal hygiene*)
- Housekeeping/Meal preparation
- Help transferring (*getting into/out of bed*)
- Adult Day services
- Respite care for family caregivers
- Transportation
- Service/care coordination
- Nursing care

Currently enrolling. Call the Area Agency on Aging 1-B to get started.

Family members and professionals welcome to call!

800-852-7795

Program available throughout the state. Offered via AAA 1-B for residents of Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

CALL TO SEE IF YOU OR YOUR LOVED ONE QUALIFIES!

Eligibility:

- \$2,382 in monthly income and \$2,000 or less in assets.*
- Need a nursing-home level of care

*2021 financial eligibility amounts. Amounts listed for individuals. Not all assets counted (including home you live in).

Services paid for by the Michigan Department of Health and Human Services and the Centers for Medicare and Medicaid Services.

Area Agency on Aging 1-B
Answers you can trust
aaa1b.org

myride2

- ▶ A one-call, one-click mobility management service
- ▶ Helps seniors and adults with disabilities find transportation services
- ▶ Get information on transportation providers, driving tips and help for older drivers
- ▶ A “transportation concierge” service - connects to transportation—does not provide transportation
- ▶ (855) 697-4332 or www.myride2.com

**Available to Oakland, Macomb, Washtenaw and Wayne counties*



Medicare Medicaid Assistance Program

- ▶ Trained counselors can provide information on:
 - ▶ Medicare
 - ▶ Medicaid
 - ▶ Supplemental Insurance (Medigap)
 - ▶ Long Term Care Insurance
 - ▶ Medicare Prescription Drug
 - ▶ Medicare Advantage Plans
 - ▶ Prescription Expenses
 - ▶ Medicare Fraud and Scams
- ▶ Available across Michigan
- ▶ **Call 800-803-7174**



Caregiver Resources

CONNECT

A guide to long-term care options and other resources for families in Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw counties.

CAREGIVER CLASSES

Powerful Tools For Caregivers

One-Day Workshops

ADULT DAY CENTERS:

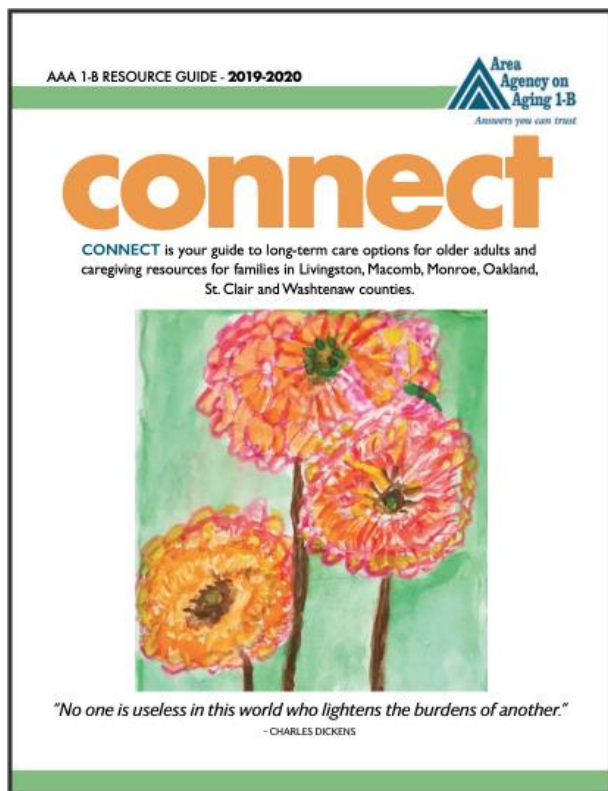
Referrals to weekday care for older adults who can't be left alone or unsupervised due to dementia or an inability to care for themselves.

TRUALTA

An online, education portal for caregivers caring for someone with Alzheimer's or dementia.

CARE HUB CAREGIVER NEWSLETTER

GO TO AAA1B.ORG/CAREGIVER-RESOURCES



US ON



@AREAAGENCYONAGING1B



@AAA1BRESOURCE



@AAA1B_RESOURCE



@AREAAGENCYONAGING1B



***CALLING ALL CASE MANAGER, PHYSICIAN,
PROFESSIONAL DEVELOPMENT AND WORKPLACE
GROUPS***

***VIRTUAL PRESENTATIONS &
WEBINARS AVAILABLE!
(TOPICS INCLUDE SENIOR
AND FAMILY CAREGIVERS SERVICES)***



***FOR MORE INFORMATION, CONTACT CHIARA CLAYTON AT
248-320-1144 OR CCLAYTON@AAA1B.ORG***

Questions?

Thank you!

Contact Us

800-852-7795

