



washtenaw area

council for children

safe kids, sound community

Cyber Safety, Cyberbullying/Bullying Prevention and Wellness & Resilience Programs



STOP | THINK | CONNECT™

Teen connectivity:

53 hrs/week hours per week using technology

(Common Sense Media 2015)

95% of teens have a cell phone (Pew Research Center 2018)

Teens send an average of 55 texts/day

(Common Sense Media 2015)

**92% of teens report going online daily — including
24% who say they go online “almost constantly”**

(Pew Research Center 2015)



The Challenges & Risks:

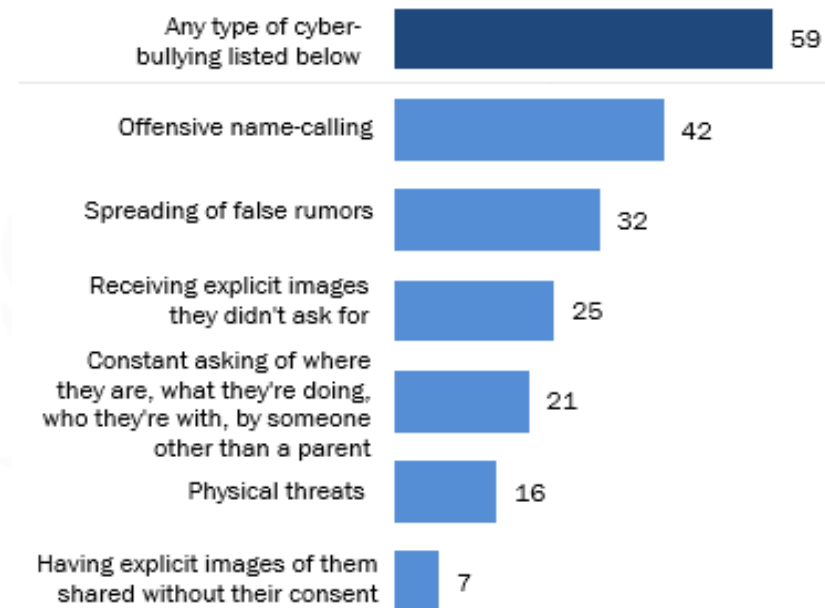
- **Cyberbullying/Bullying**
- **Sexting**
- **Online Predators & Human Trafficking**
- **Digital Reputation**
- **Digital Citizenship/Netiquette**
- **Privacy & Security**
- **Negative impact socially and emotionally**
- **Legal Consequences**



Cyberbullying:

A majority of teens have been the target of cyberbullying, with name-calling and rumor-spreading being the most common forms of harassment

% of U.S. teens who say they have experienced ___ online or on their cellphone



Note: Respondents were allowed to select multiple options. Those who did not give an answer or gave other response are not shown.

Source: Survey conducted March 7–April 10, 2018.

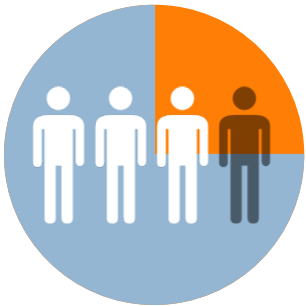
"A Majority of Teens Have Experienced Some Form of Cyberbullying"

PEW RESEARCH CENTER

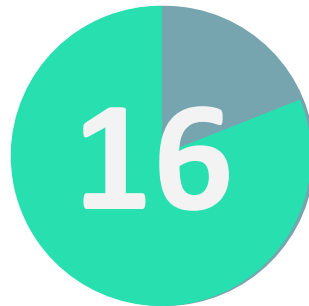


Sexting:

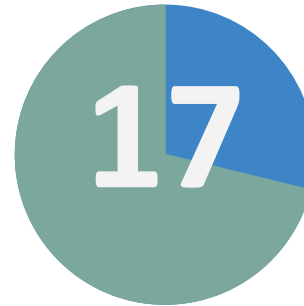
Sending sexually explicit images, videos, and/or language using cell phones or other communication technology.



25% of teens have sent a sext



20% of 16 year olds have received a sext



By 17 30% have received a sext

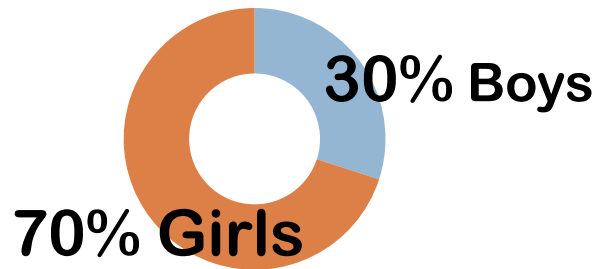


68% of teenage girls who have been asked to send a sext



Online Predator:

Victims of Internet sexual exploitation



Strong likelihood the predator will be male



1 of 5 U.S. teenagers who regularly log on to the Internet have received unwanted sexual solicitation via the Web

100% of victims of sexual predators have gone willingly to meet with them

<https://www.guardchild.com/statistics/>

<https://www.puresight.com/>

Protect Personal Information



The Risks



Hacking



Identity Theft



Scams



THE IMPACT

- Low self-esteem
- Withdrawal from family and spending a lot of time alone
- Guard their devices
- Missing school
- Friends disappearing or being excluded from social events
- Losing weight or changing appearance to fit in
- Self-harm and wearing long sleeved clothes in the summer to hide any marks
- A change in personality i.e. anger, depression, crying, withdrawn
- Suicide ideation and death by suicide
- Reputation Ruined
- Possible legal consequences

▫ www.bullying.co.uk/cyberbullying/effects-of-cyberbullying/



Helpful Tips:

- ❑ Talk to kids about online activity (Talking early & often)
- ❑ Set clear limits and expectations for online activity
- ❑ Parental controls, popup blockers and content blockers
- ❑ Keep the computer in an open area
- ❑ Check their device search history and apps
- ❑ Teach them to be careful of accepting friend requests
- ❑ Privacy settings, blocking and reporting
- ❑ Appropriate screennames, user names and passwords
- ❑ Tell an adult if something makes them feel afraid or uncomfortable
- ❑ Respect others online

Questions:

