

<b>COMMUNITY MENTAL HEALTH PARTNERSHIP OF SOUTHEAST MICHIGAN/PIHP</b>	<b><i>Policy</i></b> <b><i>Clinical Practices Guidelines</i></b>
Department: Clinical Performance Team	Local Policy Number (if used)
Approval Date 4/27/2020	Implementation Date 6/1/2020

## I. PURPOSE

To establish a regional policy for the consistent and effective review, adoption, and implementation of Clinical Practice Guidelines (CPGs), Evidence-Based Practices (EBPs) and Promising Practices (PPs) for the region.

## II. REVISION HISTORY

DATE	REV. NO.	MODIFICATION
10/2/2013	1	Revised to reflect the new regional entity effective January 1, 2014.
11/17/2016	2	Revised per scheduled review.
4/16/20	3	Name changes: Utilization Management/Utilization Review Committee, Managed Care Rules (References)

## III. APPLICATION

This policy applies to all staff, students, volunteers, and contractual organizations receiving any funding directly or sub-contractually, within the provider network of the Community Mental Health Partnership of Southeast Michigan (CMHPSM).

## IV. DEFINITIONS

Community Mental Health Partnership Of Southeast Michigan (CMHPSM): The Regional Entity that serves as the PIHP for Lenawee, Livingston, Monroe and Washtenaw for mental health, developmental disabilities, and substance use disorder services.

Community Mental Health Services Program (CMHSP): A program operated under chapter 2 of the Mental Health Code as a county community mental health agency, a community mental health authority, or a community mental health organization.

Clinical Practice Guidelines (CPG): Systematically developed standardized specifications for care to assist provider and consumer decisions about appropriate health care for specific clinical circumstances. Practice guidelines are typically developed through a formal process and are based on authoritative sources, including clinical literature and expert consensus.

Evidence Based Practices (EBP): A prevention or treatment practice, regimen, or service that is grounded in consistent scientific evidence showing that it improves consumer outcomes in both scientifically controlled and routine care settings. The practice is sufficiently documented through research to permit the assessment of fidelity. This means elements of the practice are standardized, replicable, and effective within a given setting and for particular populations. As a result, the degree of successful implementation of the service can be measured by the use of a fidelity tool that operationally defines the essential elements of the practice.

Fidelity: The degree of exactness with which something is copied or replicated

Promising Practices (PP): A prevention or treatment practice, regimen or service that is supported by a moderate level of evidence for effectiveness. They may be based on quasi-experimental design of weak to moderate vigor. These practices rely on evidence derived from a literature review (i.e., expert opinion).

## **V. Policy**

The Regional Clinical Performance Team (CPT) will be responsible for evaluating, and recommending Clinical Practice Guidelines (CPG's), Evidence Based (EBP's) and Promising (PP's) Practices and developing implementation and monitoring plans upon adoption of CPG's, EBP's or PP's. Any staff member of an affiliate CMHSP or contracted provider may present a CPG, EBP, or PP to the CPT for analysis and consideration.

## **VI. Standards**

Recommended Guidelines and Practices should be:

- Based upon a review of valid and reliable clinical evidence. If they are not evidence-based, the recommended guidelines/practices should represent the consensus of health care professionals. CPT will ensure the review and feedback includes representation from all appropriate health care disciplines.
- Based upon and responsive to the needs of the consumers served by the Community Mental Health Partnership of Southeast Michigan.
- Consistent with the values, mission, and vision of the Community Mental Health Partnership of Southeast Michigan.

- Responsive to the issues of the local CMHSP's.
- Specific with regard to the degree of fidelity with which the practice will be implemented and developed to include a plan for on-going monitoring of fidelity and/or other measures of progress.

If, based on the above factors, the CPT decides to recommend a CPG/EBP/PP for use within the network, a representative of the CPT will present this recommendation to the Regional Operations Committee (ROC). The ROC will decide whether the recommended guidelines/practices:

- Will be adopted
- If adopted, will require regional implementation
- If adopted, will be a local option to implement

Once a guideline/practice is adopted by the ROC, the affiliates will be responsible for developing an implementation plan and disseminating this plan, along with a copy of the guidelines/practices, to contracted providers.

Adopted guidelines/practices should be reevaluated annually by the Clinical Performance Team regarding effectiveness of implementation and maintenance of fidelity, and recommendations made to the ROC to continue, modify, or discontinue the use of the current guidelines/practices.

Copies of guidelines/practices should be made available, upon request, to consumers.

Authorization and utilization decisions should be consistent with the adopted guidelines/practices. The Regional Utilization Management/Utilization Review Committee and the CPT will monitor whether the adopted guidelines/practices are being implemented in an effective manner.

## **VII. Exhibits**

A. Evidence-Based Practices List

## **VII. References**

- MDHHS/PIHP Contract
- MDHHS/CMHSP Contract
- Managed Care Rules 42 CFR §438.236

Clinical Practice Guidelines Policy: Exhibit A

<b>COMMUNITY MENTAL HEALTH PARTNERSHIP OF SOUTHEAST MICHIGAN</b>		
<b>PRACTICE</b>	<b>ACRONYM</b>	<b>ENDORSED BY</b>
<b>EVIDENCE BASED PRACTICES:</b>		
Acceptance and Commitment Therapy		SAMHSA
Applied Behavioral Analysis	ABA	ImprovingMIpractices.org, MDHHS
Assertive Community Treatment	ACT	SAMHSA, w/Toolkit, MDHHS
Cognitive Behavioral Therapy	CBT	SAMHSA
Dialectical Behavior Therapy	DBT	SAMHSA NREPP, MDHHS
Family Psychoeducation	FPE	SAMHSA, w/Toolkit, MDHHS
Illness Management and Recovery	IMR	SAMHSA, w/Toolkit
Integrated Dual Disorders Treatment	IDDT	SAMHSA, w/Toolkit, MDHHS
Moral Reconciliation Therapy	MRT	SAMHSA NREPP
Motivational Interviewing	M.I.	SAMHSA NREPP, MDHHS
Supported Employment	SE	SAMHSA, w/Toolkit, MDHHS
Parenting Through Change (PMTO Group)	PTC	SAMHSA, MDHHS
Parent Management Training - Oregon Model	PMTO	SAMHSA, MDHHS
Trauma-Focused Cognitive Behavioral Therapy	TFCBT	SAMHSA NREPP, MDHHS
Trauma-Specific Services - Seeking Safety	SS	SAMHSA NREPP
TSS - Trauma Recovery and Empowerment Model	TREM	SAMHSA NREPP
<b>PROMISING/MDHHS-ENDORSED PRACTICES</b>		
<b>ACRONYM</b>	<b>ENDORSED BY</b>	
Co-Occurring Disorders Treatment	COD	MDHHS
Home-Based Services	HB	MDHHS
Infant Mental Health	IMH	Promising, MDHHS
Parenting Through Change - Reunification	PTC-R	MDHHS
Parent Support Partners	PSS	MDHHS
Peer Supports	PS	MDHHS
Person-Centered Planning	PCP	MDHHS
Recovery Model		MDHHS
Self-Determination	SD	MDHHS
Trauma-Informed System of Care	TISOC	MDHHS
Wraparound Services	WA	Promising, MDHHS
Youth Peer Supports	YPS	MDHHS

<b>SUD PREVENTION PRACTICE</b>	<b>ACRONYM</b>	<b>ENDORSED BY</b>
CAGE Screening Tool		SAMHSA NREPP
Communities Mobilizing for Change Against Alcohol	CMCA	SAMHSA NREPP
Communities That Care	CTC	SAMHSA NREPP
Community Trials		SAMHSA NREPP

CRAFFT Screening Tool		CeASAR
Curriculum Based Support Group	CBSG	SAMHSA NREPP, CSAP, HUD
Do Your Part		MDHHS
Get Connected		SAMHSA NREPP
Lock Your Meds		SAMHSA NREPP
Nurturing Parenting/Parents As Teachers		SAMHSA NREPP, MDHHS
One Circle Foundation		OJJDP
Parents Who Host Lose the Most	PWHLM	SAMHSA NREPP, CSAP
PhotoVoice		SAMHSA NREPP
Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students)		SAMHSA NREPP, CSAP, DOE

SAMHSA NREPP – Substance Abuse and Mental Health Services Administration National Registry of Evidence-based Programs and Practices  
 CeASAR – Center for Adolescent Substance Abuse Research  
 CSAP – Center for Substance Abuse Prevention  
 HUD – US Dept. of Housing and Urban Development  
 MDHHS – Michigan Department of Health and Human Services  
 OJJDP – Office of Juvenile Justice and Delinquency Prevention  
 DOE – Department of Education

<b>OTHER PROMISING PRACTICES (SUD PREV)</b>	<b>ACRONYM</b>
Big Red Barrel (Rx drug collection bins)	BRB
Love Your Lungs	
MOST Campaign (youth social norming campaign)	
Student Prevention Leadership Teams/Youth Led Prevention (It Stops With Students)	SPLT/ISWS