
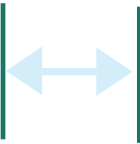






COVID-19: REDUCE YOUR RISK

The more low-risk choices you make, the more protection you have from getting or spreading COVID-19.

SAFEST ————— **RISKIEST**

| | | | | | |
|------------------------|---|--|--|---|--|
| Face Covering |  | Everyone is wearing a mask or face covering | Most wearing masks | Some wearing masks | None wearing masks |
| Social Distance |  | Not engaging in any activity in person; virtual only | Staying 6 feet or more from others | Staying under 6 feet from others | Standing face to face, hugging, shaking hands |
| Droplet Spread |  | Breathing normally | Speaking or breathing heavily | Shouting, yelling or singing | Coughing or sneezing |
| Location |  | Outdoors in an open space | Staying under a shelter (gazebo, covered porch) outdoors | Large, indoor rooms with good air flow | Small, indoor rooms with poor air flow |
| Food |  | Only bringing and touching your own food | Serving pre-portioned food, using good hand hygiene | Family style, but using your own serving utensils | Sharing plates, utensils, and cups |
| Groups |  | Only household members | Small groups (two households, under 10 people) | Large groups over 10 people | Large gatherings with people from different geographic areas |

EXAMPLES

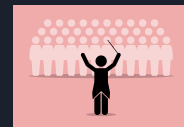
SAFEST ————— **SAFER, SOME RISK** ————— **RISKIEST**



Staying home with only people you live with



Small outdoor gathering, keeping at least 6 feet apart



Singing with a large choir in a small room

ALWAYS REMEMBER



Washing hands well and often reduces risk in all situations. If you don't have soap and water, use a hand sanitizer that contains at least 60% alcohol.



Stay home if you're feeling any mild symptoms, except to get medical care.