

MLM REC CENTER POOL SCHEDULE - FALL / WINTER / SPRING							
Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00	CLOSED	LAP SWIM 6-9	LAP SWIM 6-9	LAP SWIM 6-9	LAP SWIM 6-9	LAP SWIM 6-9	CLOSED
7:00		LAP SWIM 8-10	LAP SWIM 6-9	LAP SWIM 6-9	LAP SWIM 6-9	LAP SWIM 6-9	
8:00	LAP SWIM 8-10	AEROBICS 9-10	AEROBICS 9-10	AEROBICS 9-10	AEROBICS 9-10	AEROBICS 9-10	AEROBICS 9-10
9:00	SWIM LESSONS 10-1:15	OPEN SWIM 10-11	AEROBICS 10-11	OPEN SWIM 10-11	AEROBICS 10-11	OPEN SWIM 10-11	SWIM LESSONS 10-1:15
10:00		LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	
11:00		LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	LAP SWIM 11-1	
12:00	OPEN SWIM 1:15-4:30	OPEN SWIM 1-5	OPEN SWIM 1-5	OPEN SWIM 1-5	OPEN SWIM 1-4:45	OPEN SWIM 1-5	OPEN SWIM 1:15-4:30
1:00		LAP SWIM 4:30-5:45	LAP SWIM 5-6	LAP SWIM 5-7	LAP SWIM 5-6	SWIM LESSONS 4:45-8	LAP SWIM 5-7
2:00	CLOSED Rec Center closes at 6pm	AEROBICS 6-7	OPEN SWIM 7-9	LAP SWIM 7-9:45	OPEN SWIM 8-9		FAMILY FUN NIGHT 7-9
3:00		LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45		LAP SWIM 9-9:45	
4:00	CLOSED Rec Center closes at 6pm	LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	CLOSED Rec Center closes at 6pm
5:00		LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	
6:00	CLOSED Rec Center closes at 6pm	LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	CLOSED Rec Center closes at 6pm
7:00		LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	
8:00	CLOSED Rec Center closes at 6pm	LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	CLOSED Rec Center closes at 6pm
9:00		LAP SWIM 8-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	LAP SWIM 9-9:45	

NOTE - Pool Schedule is subject to change without notice

\*One Lane reserved for private lessons as needed

~Private lessons meet at various times-they must abide by pool schedule

### Pool Information:

Locker rooms are closed M-F for cleaning as follows: Men's 1:30-2:00pm & Women's 2:00-2:30pm

~ 5 MINUTES PRIOR TO SHADED AREAS, LANE LINES WILL BE PULLED ~

**Shaded areas** = pool closed for that scheduled activity only.

**Lap Swim** = Swimmers of all ages must be able to swim one lap without stopping in order to participate.

**Open Swim** = All swimming activities welcome. Policies for Children 12 and under:

-Children who are 5 and under, an adult must be with the child in the water at all times. \*\*\*

-Children who are 6-8 who CANNOT\* pass the deep end test, an adult must be with the child in the water at all times. \*\*\*

-Children who are 6-8 who CAN\*\* swim, an adult must be in the pool area at all times.

-Children who are 9-12 who CANNOT\* pass the deep end test, an adult must be in the pool area at all times.

-Children who are 9-12 who CAN\*\* swim, an adult must be in the building at all times.

-Patrons over 13 who require assistance to enter the pool - adult/caregiver must be in the pool area at all times.

\*Children who "CANNOT" pass the deep end swim test

\*\*Children who "CAN" swim are able to pass the deep end swim test

\*\*\*Adults required to be in the water may not swim laps until the children exit the pool or another adult takes over supervision.

**The deep end test consists of swimming one full length of the pool without stopping and immediately treading water for 60 seconds without stopping.**