

Instructional Swim

Registration Required

- | Online Registration: 6/8 - 7/13
- Walk-in Registration: 6/8 - 7/23
- (\$5 late fee per class for registration after 7/7)
- Lessons Run: 7/14 - 8/17

NEW! Swim Stroke Clinic
August 12-16

Want to learn more? Contact the Front Desk
(734) 971-6355 x0 | dsk@washtenaw.org

SUMMER LESSONS RUN FOR FIVE WEEKS, ONE SESSION!

GROUP SWIM LESSONS

YOUTH

Parent Tot 1 \$40 #41010
(6 mos–18 mos with adult) With adult participation, infants and toddlers learn to enjoy water activities. Songs and games teach the children water comfort. One adult per child.

	Session I
Sat 11:00–11:25a	A
Sat 12:30–12:55p	B

Parent Tot 2 \$40 #41020
(18 mos–3 yrs with adult) Through songs and games, and with adult help, pre-school aged children learn water comfort and simple water skills. One adult per child.

	Session I
Sat 10:30–10:55a	A
Sat 12:00–12:25p	B

Preschool 1 \$40 #41040
(At least 4 yrs) Great for beginners! Children with little or no water experience will learn water comfort, supported floating/kicking, basic arm movement.

	Session I
Th 5:00–5:25p	A
Th 6:00–6:25p	B
Sat 10:00–10:25a	C

Preschool 2 \$40 #41050
(4–5 yrs) Children already comfortable in the water will practice swimming skills without support. Floating, kicking, front crawl and back crawl will be taught.

	Session I
Th 5:30–5:55p	A
Th 6:30–6:55p	B
Sat 11:30–11:55a	C

Level 1 \$45 #41060
(At least 5 yrs) Fundamental aquatic skills for children who can fully submerge head, float and kick on both front and back without support to begin to complete their strokes.

	Session I
Th 4:50–5:30p	A
Th 5:40–6:20p	B
Sat 10:00–10:40a	C
Sat 11:40a–12:20p	D

Level 2 \$45 #41065
(Must pass Level 1 or with permission) Learn to combine and coordinate basic swimming skills into complete strokes. Rhythmic breathing introduced; front and back crawls will improve.

	Session I
Th 6:30–7:10p	A
Sat 10:50–11:30a	B
Sat 12:30–1:10p	C

Level 3 \$45 #41070
(Must pass Level 2 or with permission) Deep water comfort is a must. Improved stroke technique and endurance is the focus. Children work on more distance with front and back strokes, along with intro to breaststroke and butterfly. Treading water for at least 30 seconds.

	Session I
Th 4:50–5:30p	A
Sat 10:00–10:40a	B
Sat 11:40a–12:20p	C

Level 4 \$45 #41075
(Must pass Level 3 or with permission) Students will refine and improve strokes for those who can swim front and back crawl, and demonstrate breaststroke and butterfly. Must be able to tread water for 1 minute.

	Session I
Th 5:40–6:20p	A
Sat 10:50–11:30a	B

Level 5 \$45 #41080
(Must pass Level 4 or with permission) Students work on stroke refinement for those who have coordinated freestyle, breaststroke, butterfly and elementary backstroke.

	Session I
Th 6:30–7:10p	A
Sat 11:40–12:20p	B

Endurance Training \$45 #41090
(Must pass Level 5 or with permission) Students work on building endurance and focus on stroke technique for swim club/team.

	Session I
Th 7:00–7:40p	A
Sat 12:30–1:10p	B

ADULT & TEEN

Beginning Swimmer \$50 #41100
(13+ yrs) Designed for those with little or no water experience. Class will focus on water comfort and introduction of strokes. Seniors 62 & Over will receive a \$10 discount.

	Session I
Th 6:30–7:30p	A

Intermediate Swimmer \$50 #41110
(13+ yrs) Designed for students with some water experience and swimming ability. Class will focus on stroke improvement, including correct breathing coordination.

	Session I
Th 6:30–7:30p	A



Credit: Bryan Mitchell

PRIVATE SWIM LESSONS

Private Swim Lessons \$100 #41000
(4+ yrs) One-on-one instruction to fit individual needs. Seven week sessions. A second person may be added to the same lesson for \$50. Sunday lessons in Session II will be discounted due to the holiday.

	Session I
Sun 2:00–2:30p	A
Sun 2:30–3:00p	B
Sun 3:00–3:30p	C
Sun 3:30–4:00p	D
Th 7:00–7:30p	E
Th 7:30–8:00p	F
Sat 10:00–10:30a	G
Sat 10:30–11:00a	H
Sat 11:00–11:30a	I
Sat 11:30a–12:00p	J
Sat 12:00–12:30p	K
Sat 12:30–1:00p	L

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No make-ups, refunds, or substitutions for missed instructional swim classes

Late registration for Instructional Swim will result in a \$5 late fee