

Family Caregivers in Washtenaw County

Amy Smyth,
Area Agency on Aging 1-B



Area Agencies on Aging

- National network connecting seniors, persons with disabilities and family caregivers with local services to improve their quality of life.
- Created by an act of Congress in 1974
- Over 600 in the United States
- 16 Area Agencies in Michigan
- AAA designated per a geographic area (1-B)
- AAA 1-B serves Livingston, Macomb, Monroe, Oakland, St. Clair and Washtenaw.



Why Care about Caregivers?

- Washtenaw County Senior (60+) Population: 58,000*
 - Double by 2040
- Unpaid Caregivers vs. Paid Caregivers
- “Typical” Caregiver Profile

Challenges in Supporting Caregivers



Diversity of Age



Diversity of Care Recipient Diagnosis



Lack of Self-Identification
(I'm a Caregiver??)



Marketing Methods

What Can YOU Do??

1

Help Raise Awareness

#30Waysin30Days

(Washtenaw Family
Caregiver Network
Facebook Page)

2

Know about the training,
educational, and support
resources that are
available

Washtenawcaregiver.org

3

Reach out for help:

Caregiver Hotline:

(844) 734-CARE

Questions?

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Thank You!

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