

Washtenaw County Community Mental Health

HEALTH – (policy)

PURPOSE

The health and wellness of CMH recipients, their families and the community are components of assessment and care for all individuals served.

POLICY

It is the policy of Washtenaw County Community Mental Health to:

- A.) Provide documented Health Screening by qualified health professionals for all individuals served. The frequency of health screening is upon entry into the program with an annual review.
- B.) Utilize the Person Centered Planning process to provide education and interventions intent on health promotion; including discussion of health and/or safety concerns.
- C.) Communicate with the Primary Care Provider (with client's permission).
- D.) Recognize health screening as an essential component of comprehensive assessment and a domain included in all assessments.
- E.) Initiate further evaluation, treatment or care utilizing established procedures and community resources.
- F.) Maintain Infection Control practices and policies to support the health of the individual, the family and the community.
- G.) Provide consultation when a recipient and family wants access to available community medical resources and providers.
- H.) Provide competent and caring health professionals for recipients that are mentally or medically unstable and at-risk for further complications without intervention.
- I.) Provide educational experiences for students of health and human service professions.
- J.) Protect the private and sensitive nature of each recipients personal health information.
- K.) Provide Health and Safety trainings by qualified health professionals for direct care staff regularly on topics that affect identified groups of clients; such as, Medications, Nutrition and Mealtime Concerns, Neuroleptic Malignant Syndrome (NMS), Diabetes, Seizure Disorders and other topics related to Wellness.
- L.) Provide community health and safety assessments at targeted community residential centers.
- M.) Provide Health and Safety education and support to recipients and their natural supports individually and in groups and assist in integrating biopsychosocial information into practice.
- N.) Follow CMH Medication Policy and practices addressing:
 - 1.) Safe administration of medication (s) including utilizing at least two individual identifiers.
 - 2.) Verbal orders (i.e., only a registered nurse takes medication orders).
 - 3.) Monitoring of the effects of medication(s)
 - 4.) Lab testing and follow up (when indicated by results)
- O.) Coordinate with Primary Care Physician when:
 - 1.) An acute health problem arises.
 - 2.) A chronic illness is present.
 - 3.) Moderate to severe pain is present.

- 4.) Abnormal vital signs are present – (high blood pressure, rapid heart rate, underweight or obese)
- 5.) Accident or injury occurs.
- 6.) Placement in a licensed living situation is planned.
- 7.) Last physical was completed over a year ago.
- P.) We encourage annual physicals and the establishment of a primary care practitioner.
- Q.) Flag allergy information is entered in the Alert Section of the Encompass Record according to procedure and safe practice guidelines.
- R.) Provide consultation with recipient and/or caregiver for clarification and/or education on health issues and/or treatments.
- S.) Identify recipient that require monitoring of psychotropic and medical medications and coordinate the necessary level of care.

DEFINITIONS

Health screening and medical history- Contains documented information regarding the health status, physical and cognitive development of an individual, as applies to the age and nature of the disability of the individual, including:

- Known medical diagnosis (including history of)
- Past medical procedures and/or hospitalizations
- Current health problems
- Known adverse and allergic drug reactions and other allergies
- Current and recently used medications, including over-the-counter medications, herbs and vitamins, and history of medications used
- Immunization/vaccination status
- Identification of health-risk behaviors (tobacco use, caffeine use, alcohol use, illicit drug use, sexual activity and exercise patterns)
- Information regarding Pain
- Family medical history
- Height and Weight
- Diet and special dietary information
- Brief body systems review
- Vitals signs (adults)
- Signs of Abuse or Neglect
- Dental Health
- Functioning
- Mental Health Status
- Self-injurious compulsions or behaviors
- Pregnancy and lactation status
- Assessment of substance abuse and dependence

PROCEDURES

(see procedures manual)

REFERENCES

- Washtenaw County Community Mental Health Policies
 - Abuse and Neglect (regional/ORR)

- Administration of Medication and Medical Treatment (regional/ORR)
- Person Centered Planning
- Health Care Personnel Plan
- Behavior Treatment Committee (regional)

EXHIBITS

There are no exhibits attached to this policy.