WASHTENAW'S SENIOR POPULATION IS GROWING EXPONENTIALLY

1 in 5 Residents is over 60

Average life expectancy today: 81

Everyday, 12,000 people turned 60 in the U.S.A

Nationally, senior population is set to nearly double by 2060

LEAVING MORE AND MORE AMERICANS AT RISK OF HUNGER AND ISOLATION

Nearly 9 Million Seniors face the threat of hunger

1 in 4 seniors lives alone

A 14 Year Disadvantage
Food insecure seniors can have limitations comparable to food secure seniors 14 years older

1 in 5 Feels Lonely
and the negative effects of loneliness on health are similar to smoking up to 15 cigarettes a day

THESE THREATS FROM AGING NOT ONLY JEOPARDIZE THE HEALTH AND WELL-BEING OF OLDER ADULTS, THEY ALSO PLACE A SIGNIFICANT STRAIN ON OUR COUNTRY'S HEALTHCARE SYSTEM AND ECONOMY

The healthcare costs associated with malnutrition in seniors

$51 BILLION

Among seniors, the healthcare costs associated with isolation are equal to the same costs associated with having high blood pressure

Medicare spending is disproportionately concentrated on older adults with multiple chronic conditions and/or functional limitations

5% of Seniors on Medicare Account for 42% of Spending

Information data resources available at www.mealsonwheelsamerica.org/facts  © August 2018 Meals on Wheels America

Washtenaw County data available at the Washtenaw County Office of Community and Economic Development
A CLOSER LOOK:

WASHTENAW COUNTY SENIOR NUTRITION PROGRAM 2017-2018

2,000 Total Seniors Served
300,000 Total Meals Served

50% Meals on Wheels
50% Senior Cafés

12% Senior Cafés
78% Meals on Wheels

$ 1.9 M Total Cost
(included value of volunteer hours at the national rate)

93% of seniors say the program helped them

Senior Cafés help more than 84%
of seniors feel more connected with others, stay healthy, & enjoy a better quality of life

755 Washtenaw County volunteers gave 28,363 hrs

WHILE WASHTENAW COUNTY SENIOR NUTRITION PROGRAM DEPENDS ON FEDERAL, STATE, THE FUNDING DOES NOT COVER THE ENTIRE COST OF PROVIDING SENIORS NUTRITIOUS MEALS.

Please consider supporting Washtenaw County Meals on Wheels & Senior Cafe:

• $35 provides senior meals for a Week
• $150 provides senior meals for a Month
• $1,800 provides senior meals for a Year

CONTACT
Marti Lachapell
(734) 544-2977 | lachapellm@washtenaw.org
or Find local sites through this webpage
(www.washtenaw.org/snp)

WE NEED INCREASED FUNDING AND SUPPORT FOR OUR SENIORS NOW TO PREVENT GREATER SOCIAL AND ECONOMIC CONSEQUENCES LATER

Washtenaw County Senior Nutrition Program is funded in whole or in part by the Federal Older Americans Act and the Aging and Adult Services Agency through the Area Agency on Aging 1-B. Washtenaw County Senior Nutrition Program complies with the terms regulations of the Title V of the Civil Rights Act of 1864 as amended and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal opportunity employer program. Reasonable accommodation will be provided upon notification or request.

Information data resources available at www.mealsonwheelsamerica.org/facts
Washtenaw County data available at the Washtenaw County Office of Community and Economic Development

© August 2018 Meals on Wheels America