

Washtenaw Alive Meeting Minutes
April 19, 2017
LRC
4pm

- Present: Chris Robey (community), Charles Wilson (Washtenaw Health), Neal Elkin (community), Allison Brengle (Ozone House), Catherine Galdes (community), Jeff Hackett (Washtenaw CMH), Paul Brown, Stephanie Salazar (UM Depression Center), Kathy Arnold (FCC), Jyoti Gupta (WACC), Edwina Jarrett (FCC), Karyn Gendreau (VA), Corey Jackson, Anne Daws-Lazar (Washtenaw CISM) Kelsey Ullenbruch (AADL)

- Resilience group meetings – The Resilience group (previously called the Communications group) is a sub group of WA the concerns itself with how we, as a group, work to promote resilience in Washtenaw County (and in that way get the suicide prevention message out). This group is meeting either before/after the full Washtenaw alive meetings and often meeting in the ‘off’ month. Anyone is welcome at these meetings.
 - Outreach that was discussed at this months’ meeting included trying to get information about health fairs in the area where we can host an information table. Anne and Kathy went to the Health and Wellness fair at WCC yesterday. We will have a table at the Suicide Prevention Walk in Manchester on May 20. Please let us know if you have literature to be included on the table.
 - The Landing – Tony and Linda Weatherly assisted by Kathy Arnold and Edwina Jarrett. Aimed at youth 11-19 years – meeting every Friday night 6:30 at Cross & Resurrection Hall, 812 Ann Street, Ypsilanti (just off EMU campus). www.thelanding.club
 - Parent Empowerment Café will meet at the same time at the same location (LARGE space!) at the same time to enable parents to have a place to go at the same time.

- Charles has been contacted to speak at upcoming Community Conversations about Washtenaw Alive. There may be emails asking for input for this very short speech describing Washtenaw Alive and what we do.

- Movie: Suicide: The Ripple Effect – May 15, 7:30 at Quality 16. Jeff is working on a final movie poster. Please continue to promote this film. We are 30 tickets from 'full' and then they will consider offering a larger theater for this event. Tickets must be purchased online. As of this moment we are 28 tickets from full. <https://gathr.us/screening/22823>
- In talking about resources that are online it was suggested that we check out 'Jed Foundation' for suicide prevention information including how to have a conversation with someone who seems depressed.

Finally – our next meeting is June 21. I need feedback in terms of time. This meeting was at 4pm. That isn't an option for June 21 because of space in the LRC. We have space from 1-4 and could have space BEFORE that time but not after 4 – anywhere in the LRC. I will send out a doodle poll soon.

Next meeting: June 21 at the LRC, Time TBD