



# 2014 Washtenaw County Data Michigan Profile for Healthy Youth

## About Michigan Profile for Healthy Youth (MiPHY)

[www.michigan.gov/miphy](http://www.michigan.gov/miphy)

MiPHY is an online student health survey offered by the Michigan Departments of Education and Community Health to support local and regional needs assessment. The MiPHY provides student results on health risk behaviors including substance use, violence, physical activity, nutrition, sexual behavior, and emotional health in grades 7, 9, and 11.

The results in this report reflect student survey responses from middle and high schools that voluntarily participated in Washtenaw County and may not be representative of all students in the county. Five out of eleven public districts participated in Washtenaw County. When possible, responses by Washtenaw County students are compared to students in the state overall.

**Key:** % = unweighted percentage of reported response  
 (n) = number of students with reported response  
 \* 2013 Michigan Youth Risk Behavior Survey (9-12<sup>th</sup> grades)

7th grade (n) = 1781  
 9th grade (n) = 1982  
 11th grade (n) = 1439

| Middle School Data<br>Alcohol, Tobacco & Other Drugs  | 7 <sup>th</sup> Grade |      |
|---|-----------------------|------|
|   | %                     | n    |
| Percentage of students who drank alcohol during the past 30 days (recent)   | 1.8%                  | 31   |
| Percentage of students who smoked cigarettes during the past 30 days (recent)   | 0.9%                  | 16   |
| Percentage of students who used marijuana during the past 30 days (recent)  | 1.3%                  | 23   |
| Percentage of students who took a prescription drug such as Ritalin, Adderall, or Xanax without a doctor's prescription during the past 30 days                       | 1.0%                  | 18   |
| Percentage of students who took painkillers such as OxyContin, Codeine, Vidodin, or Percocet without a doctor's prescription during the past 30 days                  | 2.6%                  | 45   |
| <b>Physical Activity, Weight &amp; Nutrition</b>  |                       |      |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days                                   | 30.3%                 | 501  |
| Percentage of students who are overweight or obese (at or above the 85 <sup>th</sup> percentile for BMI by age and sex)   | 20.5%                 | 321  |
| Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days  | 39.8%                 | 618  |
| <b>Bullying, Danger &amp; Violence, Suicide</b>   |                       |      |
| Percentage of students who have seen students get pushed, hit, or punched one or more times during the past 12 months   | 62.3%                 | 1082 |
| Percentage of students who have read e-mail or website messages that spread rumors about other students one or more times during the past 12 months                   | 25.6%                 | 441  |
| Percentage of students who have ever been in a physical fight   | 35.3%                 | 613  |
| Percentage of students who ever seriously considered attempting suicide   | 16.7%                 | 268  |
| <b>Sexual Behavior</b>  |                       |      |
| Percentage of students whose parents or other adults in their family have ever talked with them about what they expected them to do or not to do when it comes to sex | 52.4%                 | 843  |
| Percentage of students who ever had sexual intercourse (lifetime)   | 3.5%                  | 57   |
| <b>School Domain - Protective Factors, Opportunities &amp; Rewards for Pro-Social Involvement</b>   |                       |      |
| Percentage of students who have lots of chances to talk with a teacher one-on-one at school   | 80.9%                 | 1326 |
| Percentage of students who feel safe at school  | 88.3%                 | 1431 |

| High School Data<br>Alcohol, Tobacco & Other Drugs  | Grade           |                  | Michigan<br>2013 YRBS* |
|---|-----------------|------------------|------------------------|
|   | 9 <sup>th</sup> | 11 <sup>th</sup> |                        |
| Percentage of students who had at least one drink of alcohol during the past 30 days (recent)   | 9.8%<br>(186)   | 25.6%<br>(358)   | 28.3%                  |
| Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days (binge)                            | 3.8%<br>(72)    | 14.8%<br>(207)   | 16.7%                  |
| Percentage of students who smoked cigarettes during the past 30 days (recent)   | 2.3%<br>(44)    | 6.3%<br>(89)     | 11.8%                  |
| Percentage of students who used marijuana during the past 30 days (recent)  | 8.4%<br>(159)   | 19.0%<br>(267)   | 18.2%                  |
| Percentage of students who took a prescription drug such as Ritalin, Adoral, or Xanax without a doctor's prescription during the past 30 days                         | 3.2%<br>(61)    | 5.0%<br>(70)     | —                      |
| Percentage of students who took painkillers such as OxyContin, Codeine, Percocet, or Tylenol III without a doctor's prescription during the past 30 days              | 3.5%<br>(66)    | 4.3%<br>(60)     | —                      |
| Percentage of students who ever used a needle to inject any illegal drug into their body  | 0.3%<br>(5)     | 0.5%<br>(7)      | 2.1%                   |
| <b>Physical Activity, Weight &amp; Nutrition</b>  |                 |                  |                        |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days                                   | 29.9%<br>(561)  | 25.3%<br>(345)   | 49.7%                  |
| Percentage of students who are overweight or obese (at or above the 85 <sup>th</sup> percentile for BMI by age and sex)   | 22.2%<br>(410)  | 23.7%<br>(327)   | 28.5%                  |
| Percentage of students who ate five or more servings per day of fruits and vegetables during the past seven days  | 37.8%<br>(661)  | 34.7%<br>(447)   | 17.6%                  |
| <b>Bullying, Danger &amp; Violence, Suicide</b>   |                 |                  |                        |
| Percentage of students who have seen students get pushed, hit, or punched one or more times during the past 12 months   | 48.6%<br>(942)  | 36.8%<br>(524)   | —                      |
| Percentage of students who have heard students threaten to hurt other students one or more times during the past 12 months  | 43.7%<br>(843)  | 38.8%<br>(553)   | —                      |
| Percentage of students who have read e-mail or website messages that spread rumors about other students one or more times during the past 12 months                   | 28.1%<br>(540)  | 32.5%<br>(462)   | —                      |
| Percentage of students who were in a physical fight one or more times during the past 12 months   | 14.2%<br>(275)  | 10.0%<br>(142)   | 21.6%                  |
| Percentage of students who seriously considered attempting suicide during the past 12 months  | 14.1%<br>(249)  | 15.4%<br>(191)   | 16.0%                  |
| <b>Sexual Behavior</b>  |                 |                  |                        |
| Percentage of students whose parents or other adults in their family have ever talked with them about what they expected them to do or not to do when it comes to sex | 59.4%<br>(1057) | 65.3%<br>(806)   | 69.2%                  |
| Percentage of students who ever had sexual intercourse (lifetime)   | 10.1%<br>(179)  | 32.3%<br>(396)   | 38.1%                  |
| <b>School Domain - Protective Factors, Opportunities &amp; Rewards for Pro-Social Involvement</b>   |                 |                  |                        |
| Percentage of students who have lots of chances to talk with a teacher one-on-one at school   | 81.5%<br>(1505) | 84.5%<br>(1117)  | —                      |
| Percentage of students whose teachers notice when they are doing a good job and let them know about it  | 58.1%<br>(1072) | 59.4%<br>(784)   | —                      |
| Percentage of students who feel safe at school  | 85.1%<br>(1561) | 87.9%<br>(1158)  | —                      |